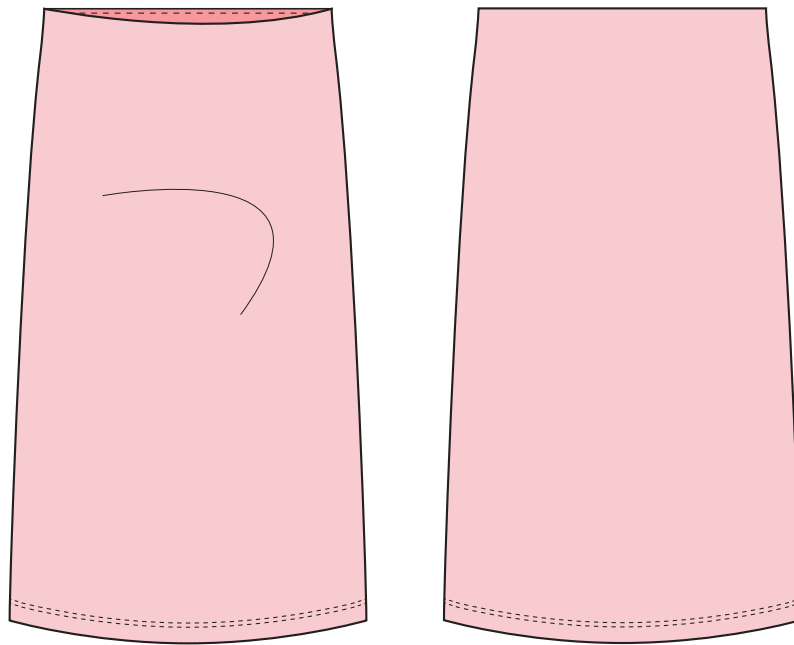


spit up & *stilettos*

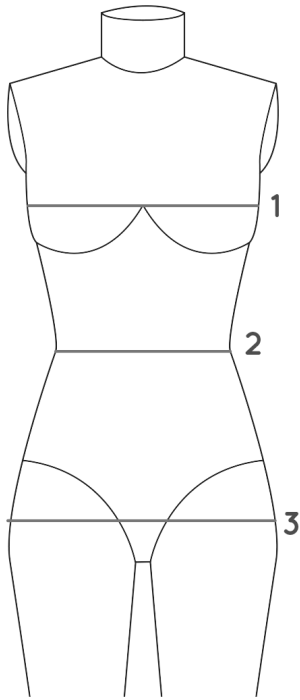


KARINA SKIRT

Level: Easy | Time: 1-2 Hours | Pages: 13

This skirt is not just easy- it is **SUPER** easy with only one pattern piece. That doesn't mean it sacrifices style though. This skirt can be dressed up and down and has a full lining.

Size Chart



Size	Numeric Size	Bust	Waist	Hips
XS	0	33"	25"	35"
XS	2	34"	26"	36"
S	4	35"	27"	37"
S	6	36"	28"	38"
M	8	37"	29"	39"
M	10	38"	30"	40"
L	12	39.5"	31.5"	41.5"
L	14	41"	33"	43"
XL	16	43"	35"	45"
XL	18	45"	37"	47"

(1) BUST: Measure around the fullest part of your bust and keep the measuring tape parallel to the floor.

(2) WAIST: Measure around the smallest part of your waist.

(3) HIP: Measure around the fullest part of your hip and keep the measuring tape parallel to the floor.

Supplies

- Knit Fabric
- Polyester Thread
- 2 yards 3/8" wide elastic

Tools

- Fabric scissors
- Pins
- Chalk or marking pen
- Tape (for piecing pattern)
- Paper scissors (to cut pattern)

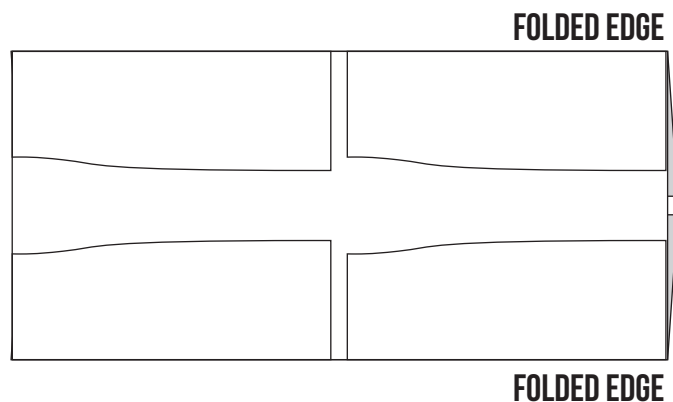
Fabric

Find a knit fabric with good resistance that bounces back really well. Otherwise your skirt will start to look stretched out after the first few times you've worn it. We suggest getting a knit with lycra in it.

Fabric Usage

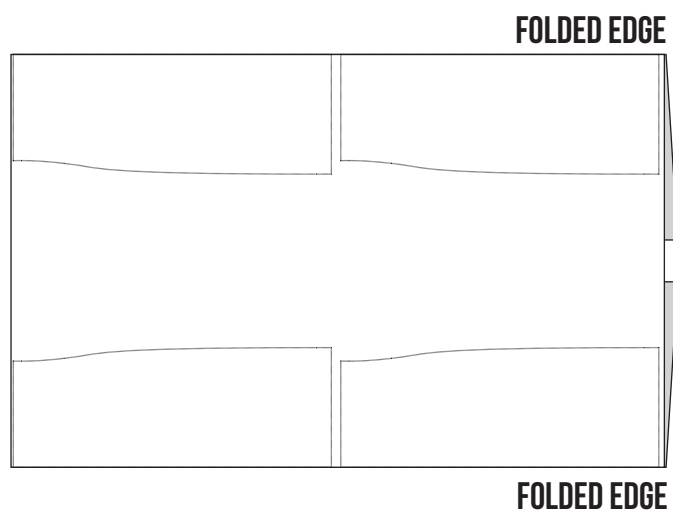
45" WIDE

You will need 1 $\frac{1}{3}$ yards of fabric. If you are doing a stripe or plaid dress, you will need an extra $\frac{1}{2}$ to 1 yard of fabric. Below is the layout guide.



60" WIDE

You will need 1 $\frac{1}{3}$ yards of fabric. If you are doing a stripe or plaid dress, you will need an extra $\frac{1}{2}$ to 1 yard of fabric. Below is the layout guide.



Why is there only one fabric usage guide? Well, we felt that to make things easier we would only include one based on the largest size so that no matter what you have enough fabric. Who doesn't love scraps?

First Things First

FIND YOUR SIZE

Using the size chart on the previous page, find your size. If you are in between, you can draw a new pattern line between the two sizes or simply choose the larger size.

PIECE TOGETHER YOUR PATTERN

At the end of these instructions, you will find your PDF pattern. On the first page, there is a 2" x 2" test square. Measure this square with a ruler to verify that the pattern is the correct size and then cut out each 7" x 9.5" rectangle. Tape the pieces together matching the colors/letters/numbers, then cut out your pattern size.

LAY OUT YOUR PATTERN

Using the fabric layout in the Fabric Usage section as a guide, lay out your pattern pieces. Use either pins or pattern weights (we like the latter option) to keep your pattern in place. Pay attention to the fabric grainline and, if using a plaid or stripe fabric, make sure to line up the stripes.

TRACE THE PATTERN

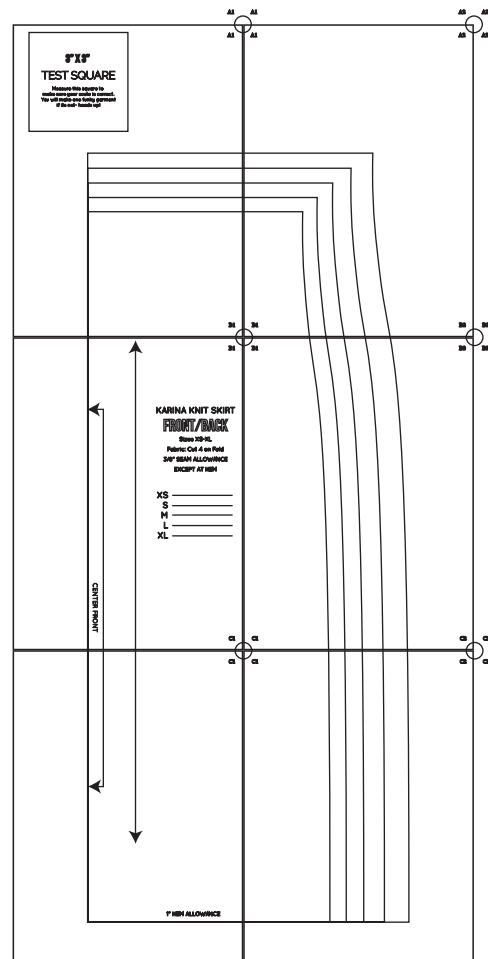
Trace your pattern edges onto your fabric by using chalk, pencil, or carbon paper. Transfer all markings, notches, darts and center front and back lines. Trust us. It's really no fun to have to come back and mark them later.

CUT IT OUT

You know that pattern tracing you just did? Well, cut along your marking lines.

SEAM ALLOWANCE

This pattern includes 3/8" seam allowances unless otherwise stated. Don't worry, we will let you know in the instructions when you're sewing a piece with a different seam allowance.



.....
• If this is your first time making this pattern, it's always a good idea to make a muslin to test the fit and make sure it
• flatters your body type. A muslin also lets you know what areas need to be altered. For a quick alteration guide
• or if you have any fit questions, go to Spitupandstilettos.com
•
•
.....

Pattern Key

GRAINLINE

This red arrow indicates your grainline, which you should align with the grain of your fabric. Don't know what grainline or grain is? Let us explain. When fabric is made it is woven with threads that go in two different directions. Lengthwise, which spans the cut edges and crosswise, which spans the selvage edges (the selvage is the band of tightly woven fabric that runs up either side). The lengthwise direction is the grain of your fabric and what you use to line up your grainline.



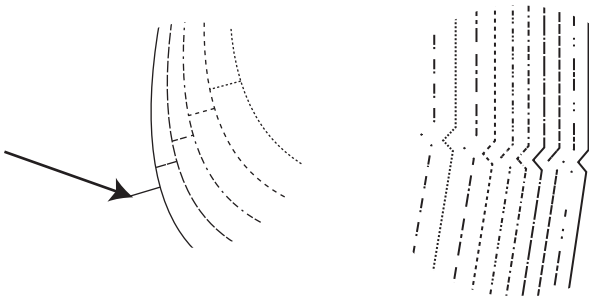
FOLD LINE

This means you line up the edge with the folded edge of your fabric before you cut.



NOTCH

Mark this onto your fabric with chalk, washable pen, or carbon paper to use for future reference.



BUTTONHOLE PLACEMENT

This indicates where a button (left image) and buttonhole (right image) will go.



FABRIC GUIDE

In the pattern instructions, the illustrations are color coded so you know what kind of pattern piece you're working with.

.....
• Many sewists trace their patterns onto tracing paper so they can preserve the original pattern and make pattern alteration easier. To do this all you need is some tracing paper and a tracing wheel. Lay the tracing paper over your pattern then mark your size using the tracing wheel. Voile!
.....

Instructions Page 1

Since this is a knit dress, you can sew seams using either a serger or a straight stitch machine. If using a straight stitch machine, use either your overcast or knit overcast stitch.

Elastic

NOTE: On your fabric pieces, you have to determine what two will be your main fabric and what two will be your lining.

1. On the wrong side of your main fabric pieces, attach the elastic along the waistline.



Side Seams

1. Stitch your outside fabric pieces and lining pieces together at the side seams, right sides together.

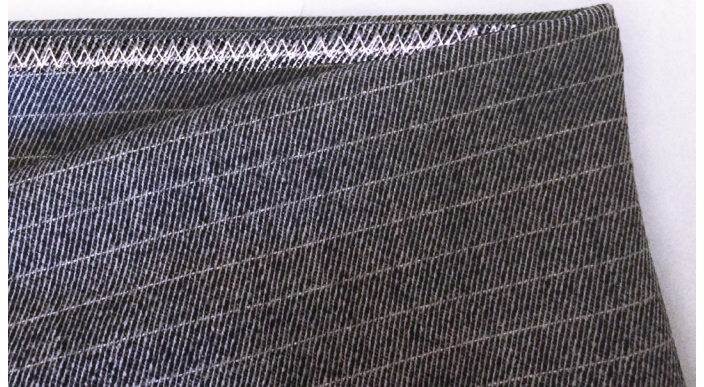
NOTE: The main pieces will be referred to as the skirt and the lining pieces will be referred to as the lining from here on out.



Instructions Page 2

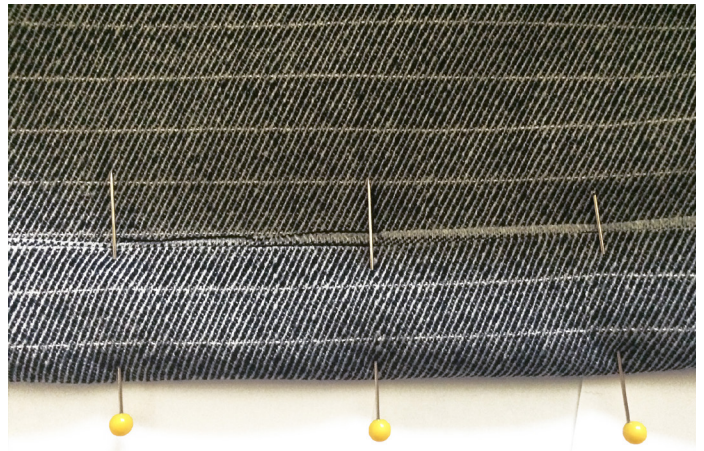
Waist

1. Turn the skirt right side out, but keep the lining inside out.
2. Slip the lining over the dress, lining up the side seams. The dress and lining should be right sides together.
3. Attach the lining to the skirt by sewing along the waistline.
4. Flip your lining right side out and under stitch the elastic seam allowance to the lining side only. Use your zig-zag stitch to do this.
5. Turn your skirt right side out, with the lining inside.



Hem

1. Line up the raw edges of your hem, making sure the side seams line up.
2. Fold up the 1" hem allowance and pin. Using either a double needle or zig-zag stitch, sew down your hem edge.
3. Give your skirt a press!

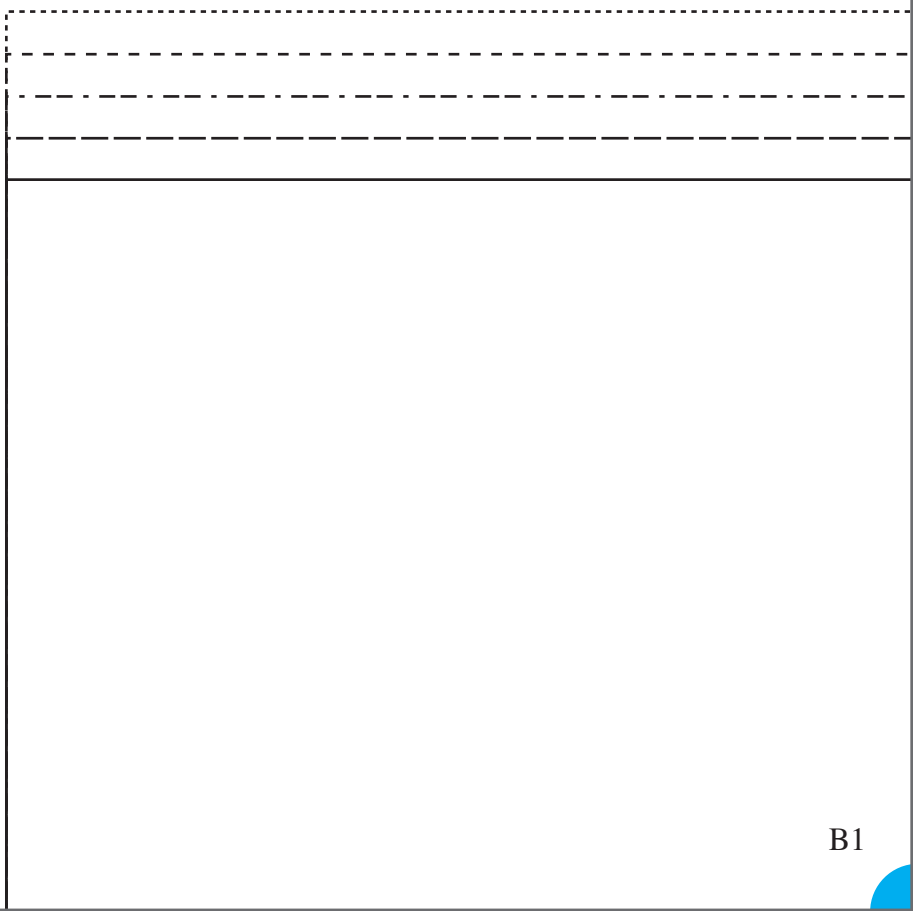


Guess who has a brand new skirt? Hopefully you but if you find anything wrong with this pattern, please let me know at lauren@spitupandstilettos.com

2" X 2"

TEST SQUARE

Measure this square to
make sure your scale is correct.
You will make one funky garment
if its not- heads up!

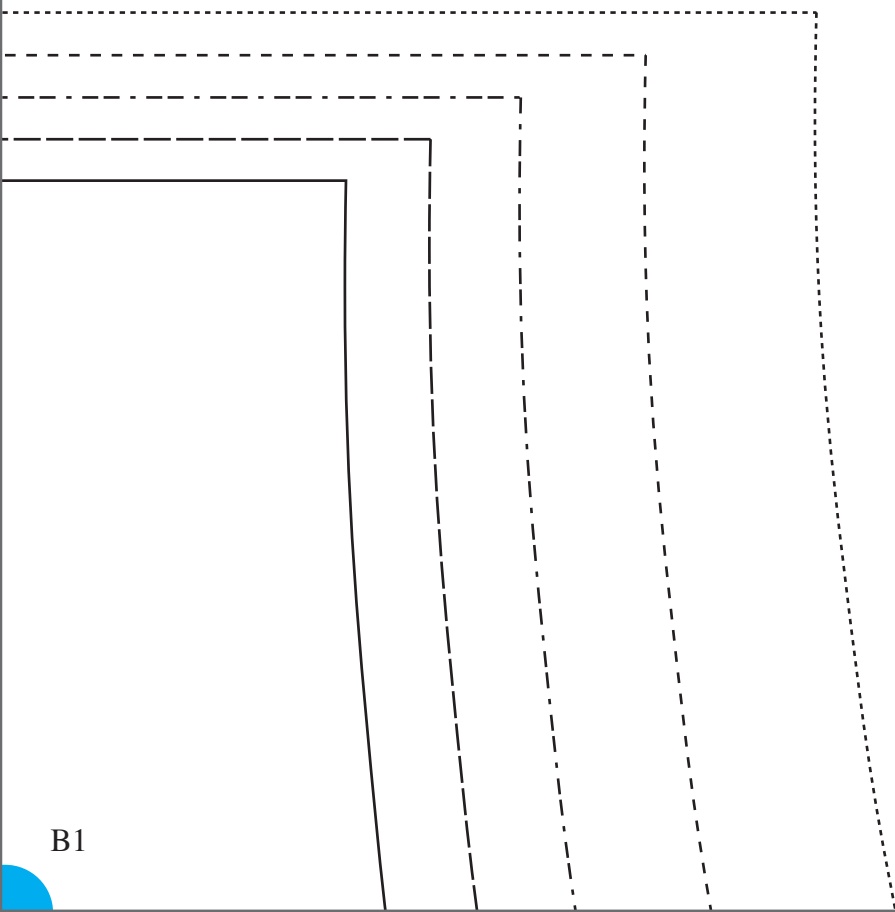


A1

A2

B1

B2





CENTER FOLD

KARINA SKIRT

Skirt

Sizes XS-XL

Fabric: Cut 4 on Fold

3/8" SEAM ALLOWANCE

1" HEM ALLOWANCE

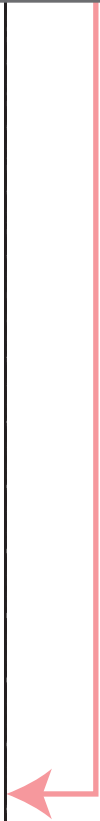
<i>XS</i>	_____
<i>S</i>	_____
<i>M</i>	_____
<i>L</i>	_____
<i>XL</i>	_____

B1

B2

C1

C2



C2