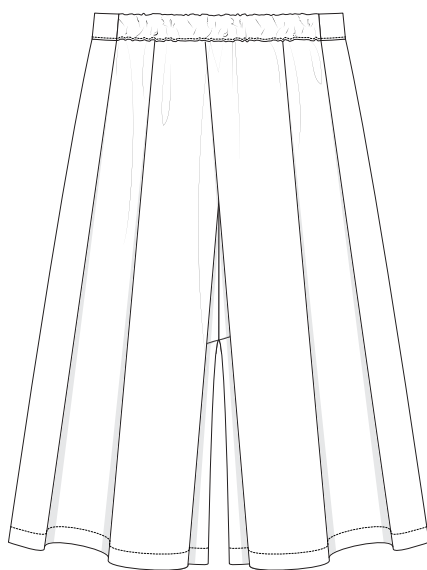
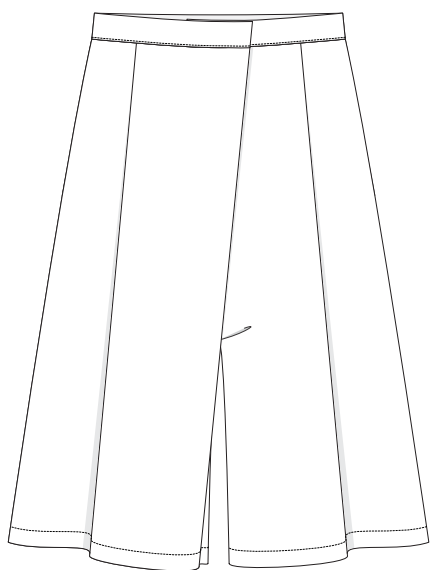
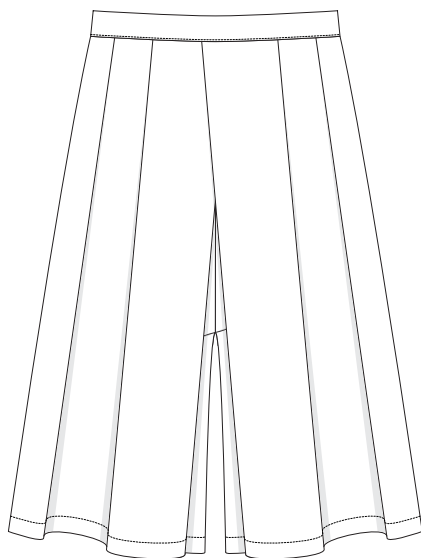
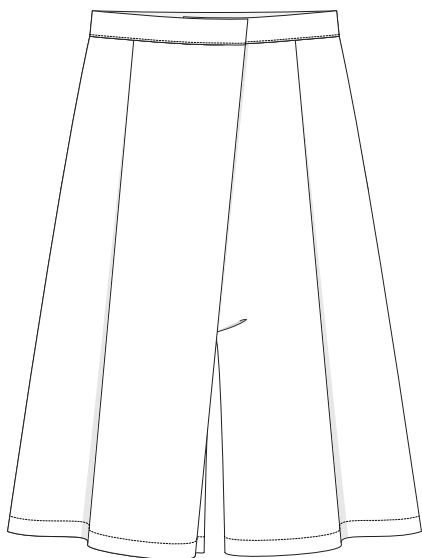


MALVERN CULOTTES / #026



SKILL LEVEL

1

2

3

4

5

IN THE
FOLDS /

CONTENTS

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ABOUT IN THE FOLDS PATTERNS

In the Folds patterns are designed to inspire and encourage modern makers to create garments that are beautiful both inside and out. Through selected techniques and construction details, **In the Folds** aims to encourage thought-provoking and memorable making experiences - helping you enjoy each stitch in the process.

Techniques may differ slightly from the home sewing methods you are used to, but in some cases industrial finishes will give you the cleanest and most professional finish.

Seam allowances are included and detailed in each step.

You will notice that in some cases the seam allowances meet each other at different angles at the end of the seam. This is so that when you press the seam allowances open the seams will sit flush with the edges and help you get a really clean finish.

SLOW SEWING

In the Folds patterns are designed to include thoughtful details and interesting techniques so that you can enjoy the process of making the garment as much as the end result.

If we slow down and take in every stitch, we can better our skills, appreciate the amazing things we can do with our hands, understand the process more fully and create garments that will be worn, loved and cared for long into the future.

We recommend that you read all the instructions before getting started.

We'd love to see your work in progress. Find us on Instagram **@inthefolds** and tag your photos with **#MalvernCulottes**.

Happy sewing!

THE ENVIRONMENT

Please consider the environment before printing this booklet. Consider using fabric from your stash before going to buy something new.

You might be surprised by what you find there. Before selecting your fabric, really think about how this garment will fit into your wardrobe and how you plan to care for it. Choose a fabric that fits the bill.

GARMENT OVERVIEW



VIEW A

The **Malvern culottes (View A)** has a straight all-in-one waistband.



VIEW B

The **Malvern culottes (View B)** has a three part waistband with elastic in the back. The back pleats on VIEW B are smaller than on VIEW A to accommodate the elastic waist.

GARMENT DETAILS

The **Malvern culottes** will elevate your wardrobe without compromising on comfort. Pleats are used to create volume and interest whilst also hiding the seams. The culottes feature a wrap front and hidden buttons on the waistband. The culottes sit on the natural waist and have two waistband options. They finish around the mid-calf and have in-seam pockets hidden in the side seams.

FABRIC SUGGESTIONS

The **Malvern culottes** are compatible with mid-weight woven fabrics such as: linen, linen blends, cotton twill, cotton poplin, midweight denim and lightweight wool. Lightweight fabrics are also suitable, but will create a softer and more relaxed silhouette that may not hold the pleats as well. For a softer silhouette, consider sateen, silk (crepe de chine or habotai) or viscose (rayon). Due to the pleats, there is a lot of overlapping fabric in some parts of the garment, so keep this in mind and avoid bulky fabrics.

NOTIONS

- Coordinating thread
- 0.4m (0.5yd) x light to mid-weight iron-on fusible interfacing.¹
- 0.4m (0.5yd) x 35mm (1 $\frac{3}{4}$ in) single-fold bias tape. If using pre-made binding, this is 25mm (1in) single fold binding.
- 2 x 2cm ($\frac{3}{4}$ in) flat buttons.²
- **View B:** 32mm (1 $\frac{1}{4}$ in) wide high density non-roll elastic x (half your waist measurement + 5cm (2in))

¹The exact amount will depend on the width of the interfacing you are using, and the view and size you are making.

²Buttons are hidden inside waistband so don't need to coordinate with fabric.

SIZING + GARMENT MEASUREMENTS

NOTES ON FITTING

The **Malvern culottes** are designed to be fitted at the waist but relaxed in fit through the hip due to the deep pleats. Select a size based on your waist measurement. We would only recommend grading up at the hip if your hip measurement is 4-5 sizes larger than your waist measurement.

This pattern is drafted for a height of 170cm (5'7"). Use the LENGTHEN / SHORTEN lines on the pattern to make alterations to the length.



BODY MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
WAIST	61cm 24"	66cm 26"	71cm 28"	76cm 29 ⁷ / ₈ "	81cm 31 ⁷ / ₈ "	86cm 33 ⁷ / ₈ "	93.5cm 36 ³ / ₄ "	101cm 39 ³ / ₄ "	108.5cm 42 ³ / ₄ "	116cm 45 ⁵ / ₈ "
HIP	84cm 33"	89cm 35"	94cm 37"	99cm 39"	104cm 41"	109cm 42 ⁷ / ₈ "	116.5cm 45 ³ / ₄ "	124cm 48 ⁷ / ₈ "	131.5cm 51 ³ / ₄ "	139cm 54 ³ / ₄ "

FINISHED GARMENT MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
WAIST	63cm 24 ³ / ₄ "	68cm 26 ³ / ₄ "	73cm 28 ³ / ₄ "	78cm 30 ³ / ₄ "	83cm 32 ³ / ₄ "	88cm 34 ³ / ₄ "	95.5cm 37 ⁵ / ₈ "	103cm 40 ¹ / ₂ "	110.5cm 43 ¹ / ₂ "	118cm 46 ¹ / ₂ "
HIP	195cm 76 ³ / ₄ "	200cm 78 ³ / ₄ "	205cm 80 ³ / ₄ "	210cm 82 ³ / ₄ "	215cm 84 ³ / ₄ "	220cm 86 ³ / ₄ "	227.5cm 89 ⁵ / ₈ "	235cm 92 ¹ / ₂ "	242.5cm 95 ¹ / ₂ "	250cm 98 ¹ / ₂ "
IN-SEAM LENGTH	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "	34cm 13 ³ / ₈ "
SIDE SEAM LENGTH	75.7cm 29 ³ / ₄ "	75.9cm 29 ⁷ / ₈ "	76.2cm 30"	76.5cm 30 ¹ / ₈ "	76.7cm 30 ¹ / ₄ "	76.9cm 30 ³ / ₈ "	77.3cm 30 ¹ / ₂ "	77.7cm 30 ⁵ / ₈ "	78.1cm 30 ³ / ₄ "	78.5cm 30 ⁷ / ₈ "

FABRIC REQUIREMENTS

	A	B	C	D	E	F	G	H	I	J
115cm 45"	2.7m 3yds	2.8m 3.1yds	3m 3.3yds	3.2m 3.5yds	3.4m 3.8yds	3.5m 3.9yds	3.5m 3.9yds	3.5m 3.9yds	3.5m 3.9yds	3.5m 3.9yds
150cm 60"	1.8m 2yds	1.9m 2.1yds	1.9m 2.1yds	2.2m 2.4yds	2.2m 2.4yds	2.2m 2.4yds	2.3m 2.6yds	2.4m 2.7yds	2.5m 2.8yds	2.7m 3yds
115cm 45"	2.6m 2.9yds	2.7m 3yds	2.8m 3.1yds	3.1m 3.4yds	3.3m 3.6yds	3.4m 3.8yds	3.4m 3.8yds	3.5m 3.9yds	3.6m 4yds	3.6m 4yds
150cm 60"	1.8m 2yds	1.8m 2yds	1.8m 2yds	2.1m 2.3yds	2.1m 2.3yds	2.1m 2.3yds	2.2m 2.4yds	2.2m 2.4yds	2.4m 2.7yds	2.6m 2.9yds

VIEW B
VIEW A

PRINTING THE PATTERN

PAPER SIZE

This pattern can be printed on either A4 or US letter-sized paper. There is also a full-sized version included so it can be printed in full sheets at your local copy shop (3 x A0).

LAYERS

This pattern has embedded layers, which means that if you have access to Adobe Reader, you can select just the size/s you would like to print. Layers make it much less confusing to cut out the pattern and also save on ink (and paper in some cases). Adobe Reader is free to download.

The stitch line (pattern without seam allowance) is marked on the pattern. The stitch line is handy to have when making alterations to a pattern. You can choose whether or not to have the stitch lines showing on your pattern when printing by turning the stitch line layers on or off.



Open the pattern in Adobe Reader and click on the 'layers' option on the left hand side. There will be an eye next to each layer in the pattern. Click the eye to turn off all the layers you do not need. Turn on the optional stitch line layer if you would like the stitch line marked on your pattern.



← **Please note: the 'PATTERN INFO' layer needs to be on for all sizes.**

At the time of publishing, layers are not available on Preview (Mac).

SCALING

Before printing the file, you will need to check the scaling settings on your printer. The pattern needs to be printed at its true scale. To do this, go into your print settings and select 'actual size', 100% or set page scaling to 'none' or 'turn off page scaling'.

Print only Page 1 of the pattern and check that the large test square measures 5cm x 5cm or the smaller one measures 1in x 1in.

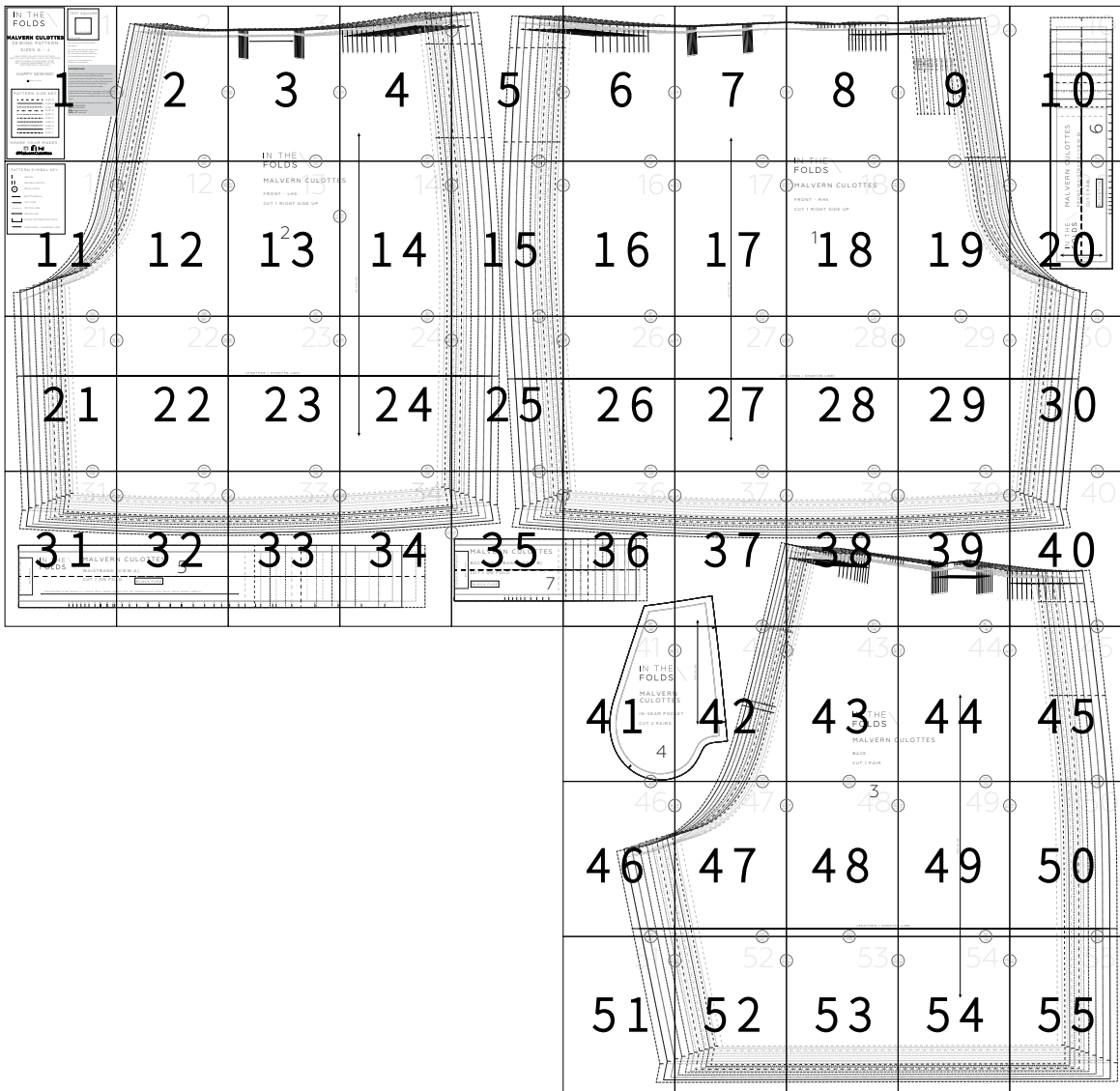
PRINT

When you have the scaling right, print the remainder of the pattern.

Please note: when printing from Adobe Reader, make sure the print orientation is set to 'Auto portrait / landscape' - this will ensure the border of each page will be printed.

ASSEMBLE

Cut two of the borders off each page - one long side and one short side (keep your choice of sides consistent between pages). Align the circles so that 1A matches up to 1A, 2A with 2A etc, and tape or glue in place. Use the printing plan on p 7 as a reference, if required.



	A-D	E-J
VIEW A	1-9 / 11-50 / 52-55	1-9 / 11-55
VIEW B	1-50 / 52-55	All pages

CUTTING YOUR FABRIC

Wash and dry your fabric. Use the method you intend to use when washing your garment so it doesn't shrink after its first wash!

Give your fabric a good press before cutting.

Due to the shape and width of the pattern pieces, the most efficient way to cut the pattern pieces is flat, rather than on the fold. Lay the fabric on a cutting table or other flat surface and smooth out any wrinkles.

Take your pattern pieces and lay them on your fabric with the grainline of each pattern piece running exactly parallel to the selvedge. To do this, use a tape measure to measure from each end of the grainline to the selvedge, ensuring the measurement is the same (meaning your pattern piece is on grain). Once you have cut a piece with right side up, flip the piece to cut the pair. Transfer the grainline to the wrong side of the pattern piece by holding it up to a window or folding along the grainline. Use the cutting plans on pp 9 - 10 as a guide.

If a pattern piece says 'CUT 1 ON FOLD,' pin and cut one side of the pattern piece and then flip it on the centre front / centre back to cut the other side of the piece so that you will be left with a full pattern piece once cut. Alternatively, trace the pattern piece onto the fabric.

Use weights or pins to hold the pieces in place. Carefully cut out each piece.

Be sure to transfer all pattern markings onto your fabric. To mark a notch, snip into the fabric **6mm (1/4in)**.

TIPS

- *Pin small pieces of paper (or use masking tape if it won't damage the fabric) to the notches on the fabric to record the pleat number. This will mean you don't need to keep referring back to the pattern when folding the pleats.*
- *Take note of any changes you make to the pattern as you go. This will help you when you use the pattern again. You can use the section on pp 30-31.*
- *Use the diagram of the on p 21 to label the notches on the WAISTBAND before you remove the pins.*
- *If you are using a lightweight fabric, or fabric that is prone to shifting when cutting, consider cutting your fabric sandwiched between two layers of fine paper (pinning and cutting through all three layers). This will help keep the fabric on grain and ensure that it doesn't move while you are cutting.*
- *Enjoy the process! It's not a race to the end.*

SUGGESTED CUTTING PLANS - VIEW A

PIECES TO CUT - VIEW A

1 - Front - RHS - cut 1 **right side up**

2 - Front - LHS - cut 1 **right side up**

3 - Back - cut 1 pair

4 - In-seam pockets - cut 2 pairs

5 - Waistband - cut 1 on fold (block fuse)¹.

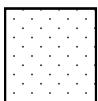
Please note that for sizes H-J on 115cm (45in) fabric, piece must be cut on crossgrain.

¹ Cut all other pieces and then fold remaining fabric selvedge to selvedge to cut piece on fold after block fusing.

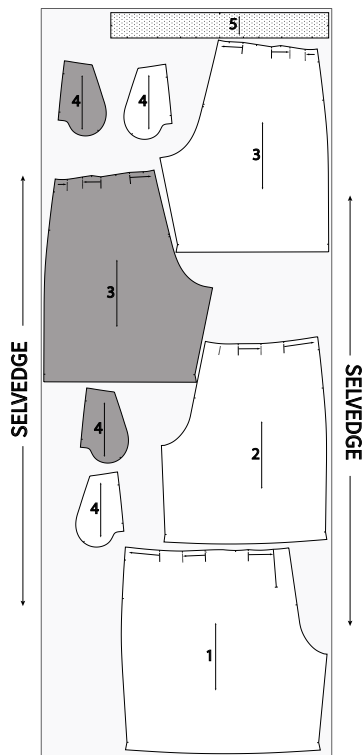
KEY



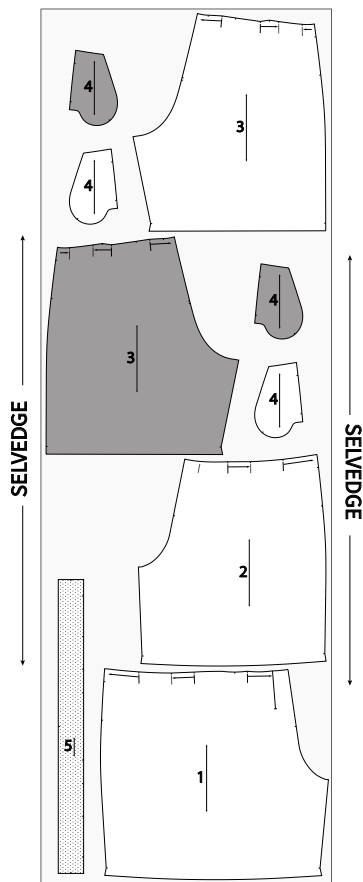
Turn pattern piece face down to maximise fabric available.



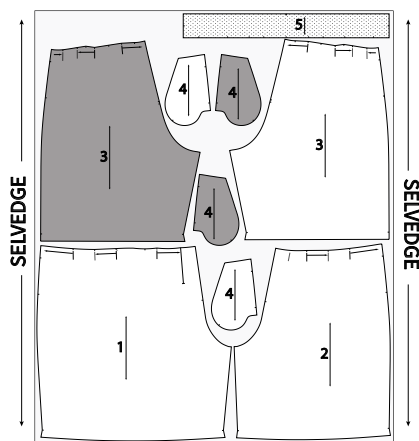
Fabric block fused with iron on interfacing



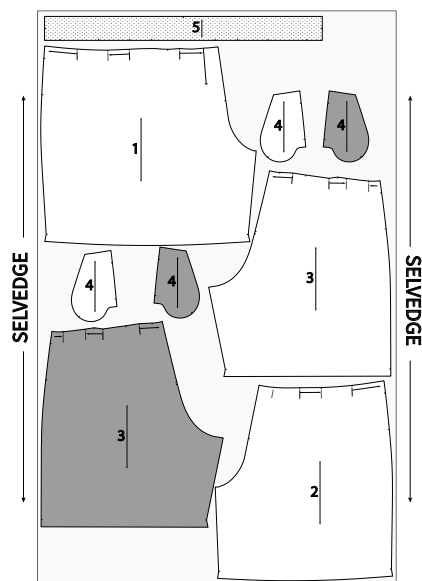
SIZES A-G
115cm / 45in fabric



SIZES H-J
115cm / 45in fabric



SIZES A-C
150cm / 60in fabric



SIZES D-J
150cm / 60in fabric

SUGGESTED CUTTING PLANS - VIEW B

PIECES TO CUT - VIEW B

1 - Front - RHS - cut 1 right side up

2 - Front - LHS - cut 1 right side up

3 - Back - cut 1 pair

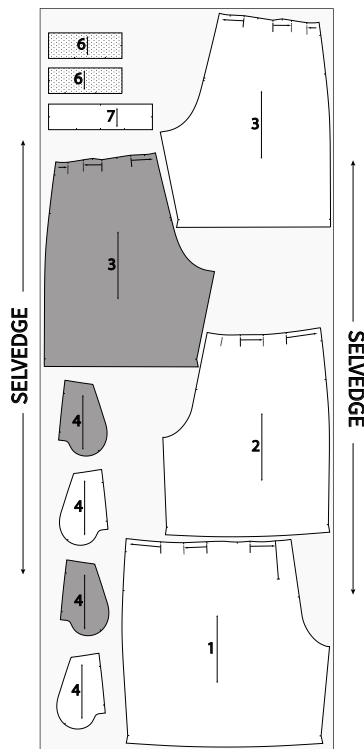
4 - In-seam pockets - cut 2 pairs

6 - Front waistband - cut 1 pair
(block fuse)

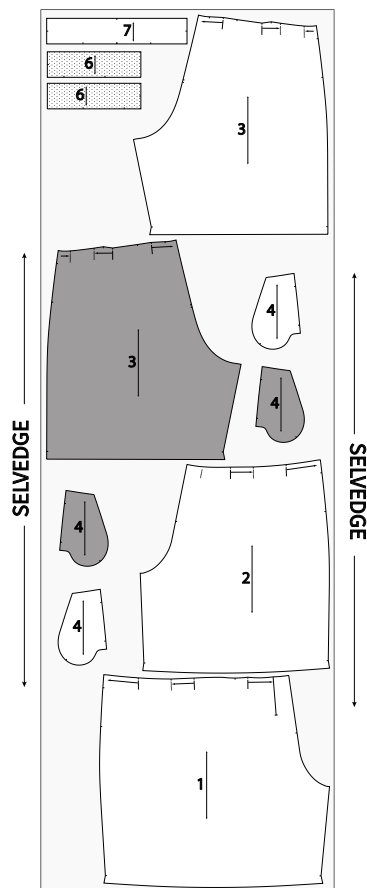
7 - Back waistband - cut 1 on fold¹
(block fuse optional)²

¹ Cut all other pieces and then fold remaining fabric selvedge to selvedge to cut piece on fold after block fusing.

² Consider whether or not you would like to use interfacing in relation to your fabric. The elastic causes the fabric to gather. Interfacing provides more support but it does add bulk.



SIZES A-G
115cm / 45in fabric

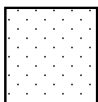


SIZES H-J
115cm / 45in fabric

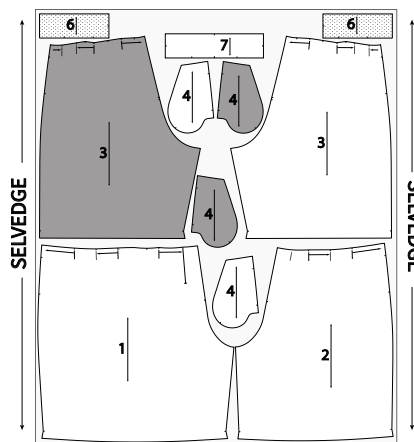
KEY



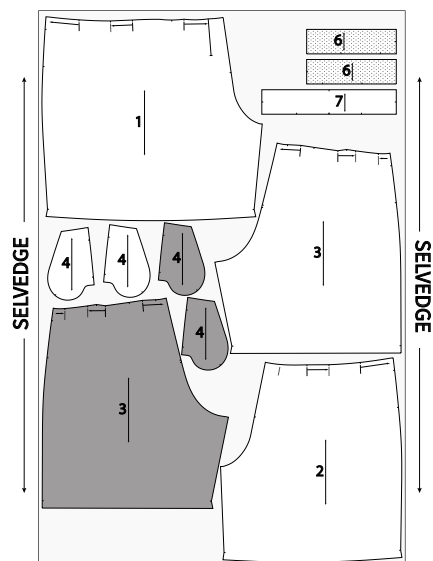
Turn pattern piece face down to maximise fabric available.



Fabric block fused with iron on interfacing



SIZES A-C
150cm / 60in fabric

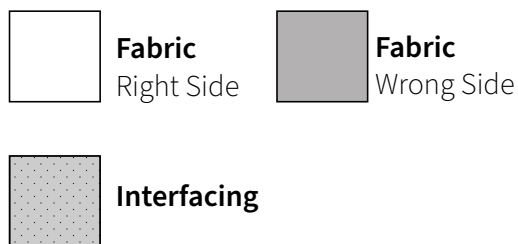


SIZES D-J
150cm / 60in fabric

INSTRUCTIONS

VIEWS A + B

ILLUSTRATION KEY



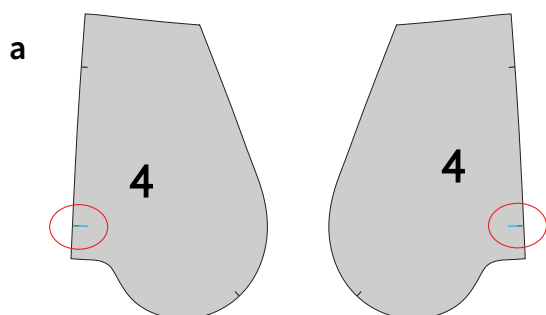
*These instructions guide you through making the **Malvern culottes** with overlocked seams.*

Seam allowances vary and are noted in each step.

*For help with sewing terms, see **GLOSSARY** on p 29.*

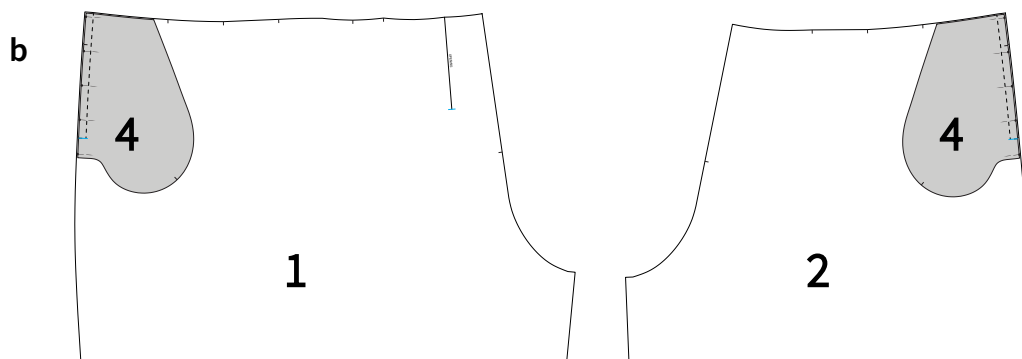
Happy Sewing!

ATTACH POCKETS (BOTH VIEWS)



STEP 1

a On one pair of IN-SEAM POCKETS [4], use chalk and a ruler to extend the lower notch by about **1.5cm (5/8in)** on the wrong side.



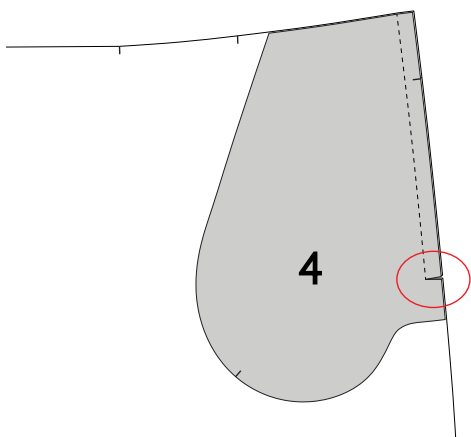
Beginner tip

'Walking in' stitches is to use the hand wheel on your sewing machine to create stitches. You can go more slowly and precisely than you can with the foot pedal.

b With the FRONT - LHS [2] and FRONT - RHS [1] right side up, pin the corresponding IN-SEAM POCKETS [4] to the side seams. Use the notches to guide placement. Pin from the top of the IN-SEAM POCKET [4] to the lower notch.

With a **1.2cm (1/2in)** seam allowance, stitch from the top of the pocket down to the chalk marking. Walk in the last couple of stitches if you like.

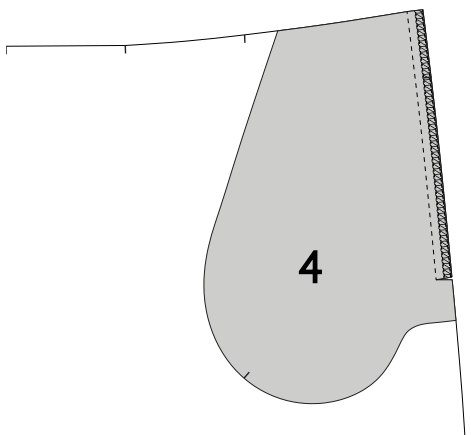
a



STEP 2

a Carefully snip into the seam allowance at the lower notch, snipping through both layers of fabric. Get nice and close, but do not cut through the stitches.

b

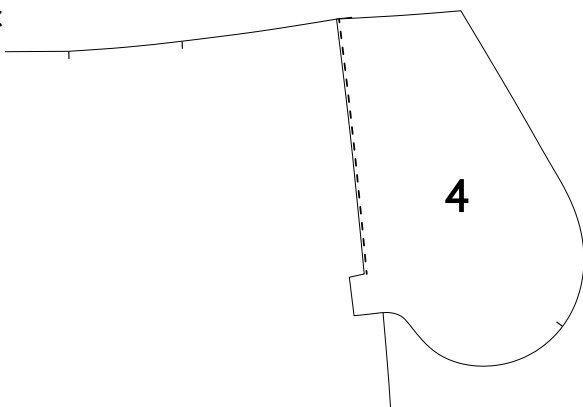


b Using your chosen method, finish the section of seam allowance from the top to the lower notch only.

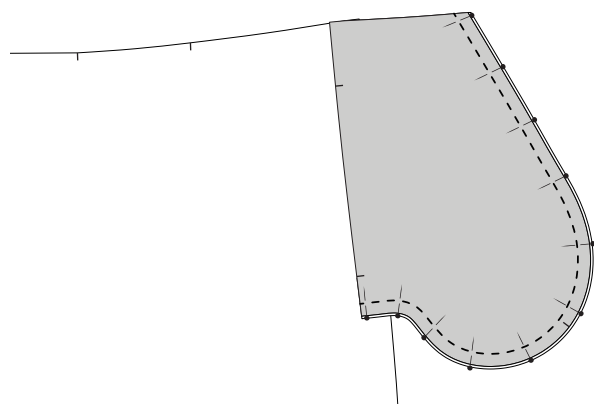
Finishing tip

This seam will not be exposed when the garment is finished. If you are worried about too much bulk in this area, you may consider trimming the seam with pinking shears rather than finishing the seam.

c



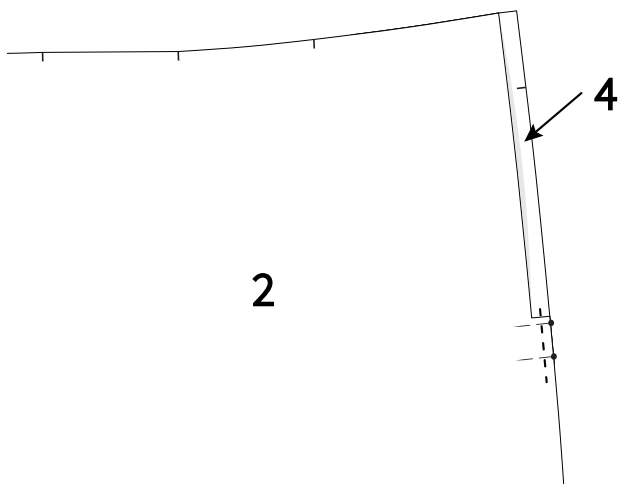
c Flip the IN-SEAM POCKET [4] to the right side. Using your finger, press the seam allowance towards the IN-SEAM POCKET [4] and understitch the seam allowance to the pocket. Only understitch the attached section of the pocket. This needs to be accurate. You can walk in the last few stitches if you like.



STEP 3

Pin the other IN-SEAM POCKET [4] to the one already attached. Stitch around the curved pocket edge with a **1cm (3/8in)** seam allowance, making sure you only catch the pocket layers (not the culotte leg).

Finish seam allowance.

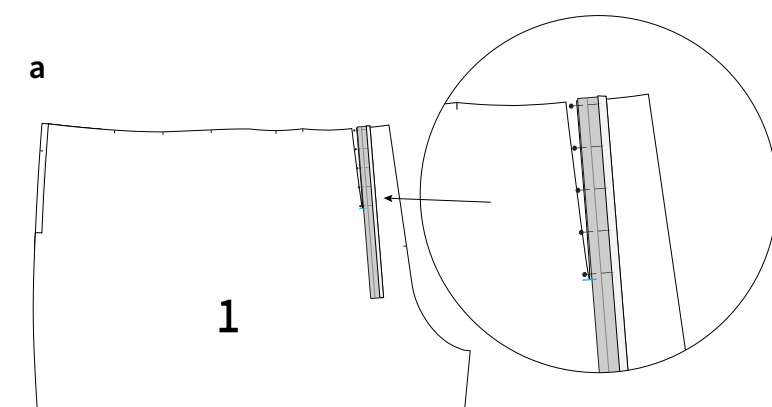


STEP 4

Flip the IN-SEAM POCKETS [4] to the wrong side of the FRONT pieces [1 and 2] and press well. Pin the section of the IN-SEAM POCKET [4] that has not been attached to the side seam.

Stitch in place **6mm (1/4in)** from the edge.

FINISH OPENING



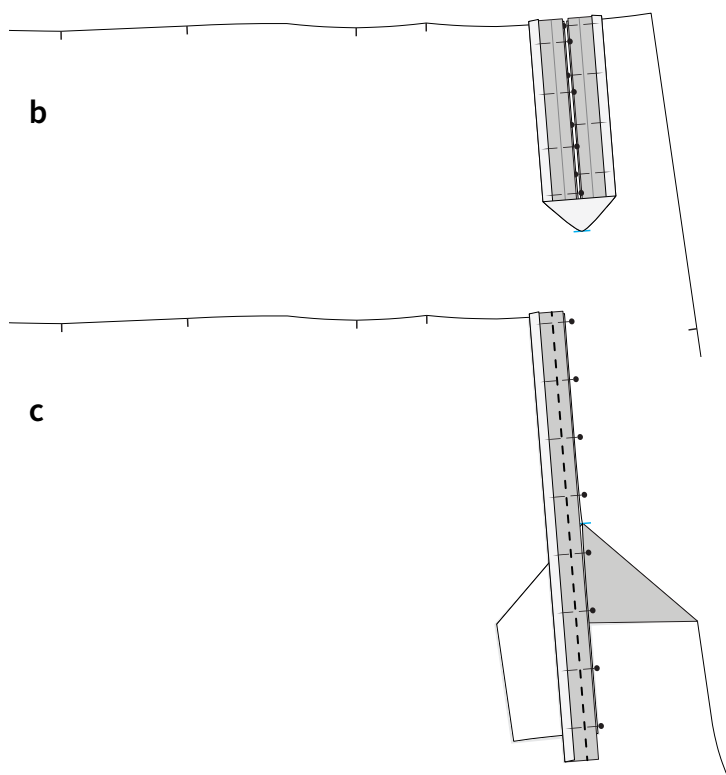
Cut opening

If you haven't already cut open the "OPENING" line on the FRONT - RHS [1], you will need to do so before starting STEP 5.

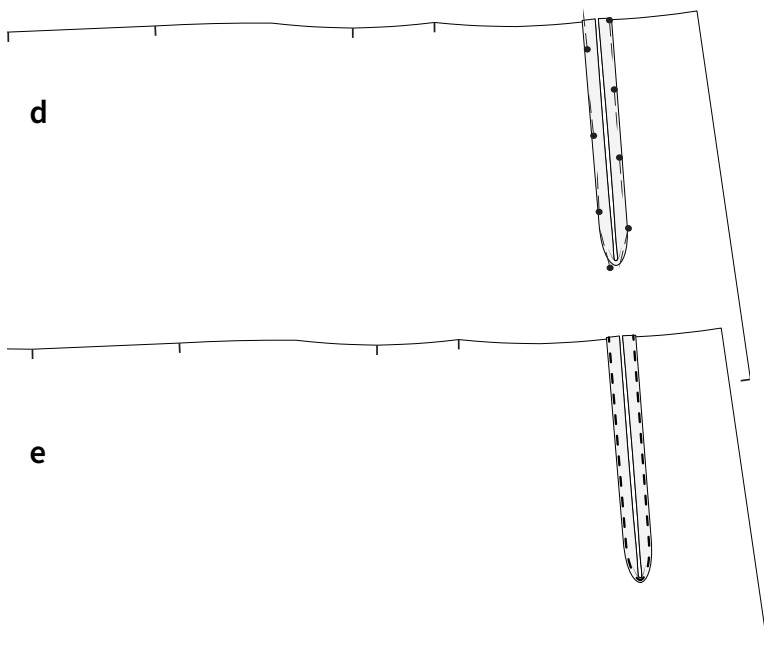
STEP 5

a With the FRONT - RHS [1] right side up, pin binding to one side of the opening, with right sides together.

b Continue pinning binding to reach the other side. If you find it difficult to pin around the opening, look to step **c** and open opening to pin in place.



c Stitch binding in place with a **6mm (1/4in)** seam allowance.

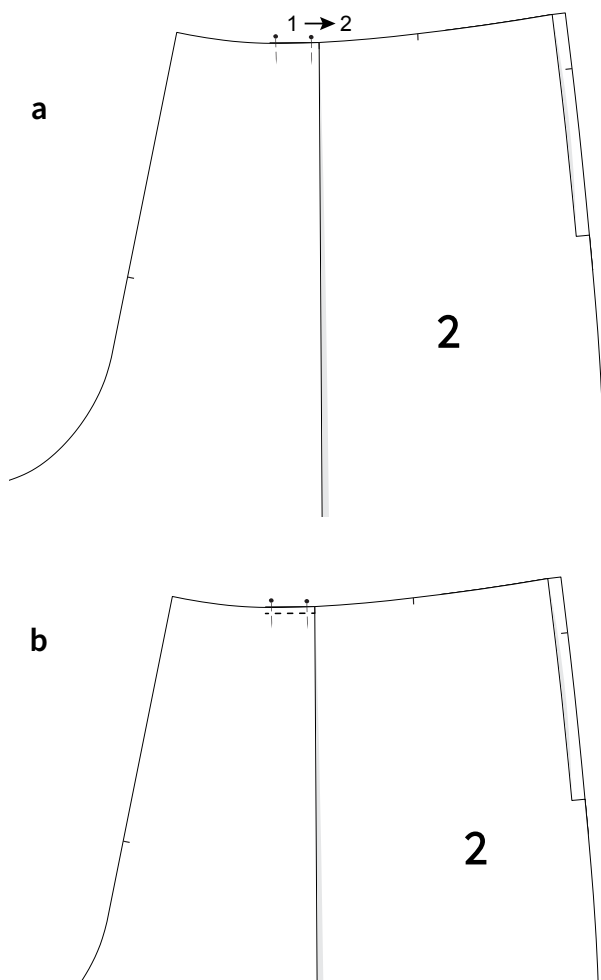


d Press binding away from the seam, along with the seam allowance. You may find this easier to do from the wrong side. Wrap the binding around the seam allowance so that the folded edge is sitting just beyond the stitch line on the wrong side. Press. Pin in place, checking that you have picked up the binding on the wrong side.

e Stitch binding in place by stitching in the ditch.

Please note, the binding may be slightly bunched at the apex of the opening, press as well as you can.

CREATE PLEATS



STEP 6

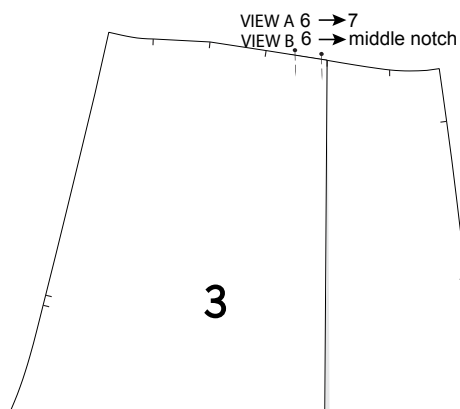
a With FRONT - LHS [2] right side up, fold the first pleat. Fold notch **1** to meet notch **2**. Press pleat in place. Pin in place at waist.

Tip

Pin small pieces of paper (or use masking tape if it won't damage the fabric) to the notches on the fabric to record the pleat number. This will mean you don't need to keep referring back to the pattern when folding the pleats.

b Stitch across the top of the pleat with a **6mm (¼in)** seam allowance.

Repeat on the FRONT - RHS [1], folding the pleat in the opposite direction so they are mirrored on the left and right legs.



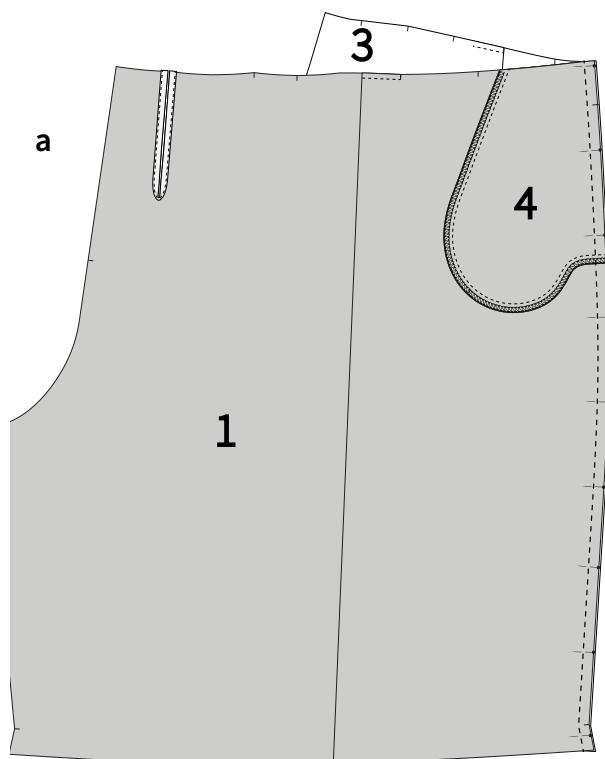
STEP 7

View A: With the BACK [3] pieces right side up, create the first pleat by folding notch 6 to meet notch 7.

View B: With the BACK [3] pieces right side up create the first pleat by folding notch 6 to meet the notch between notches 6 and 7.

Both views: Stitch across the top of the pleat with a 6mm ($\frac{1}{4}$ in) seam allowance.

SEW SIDE SEAM

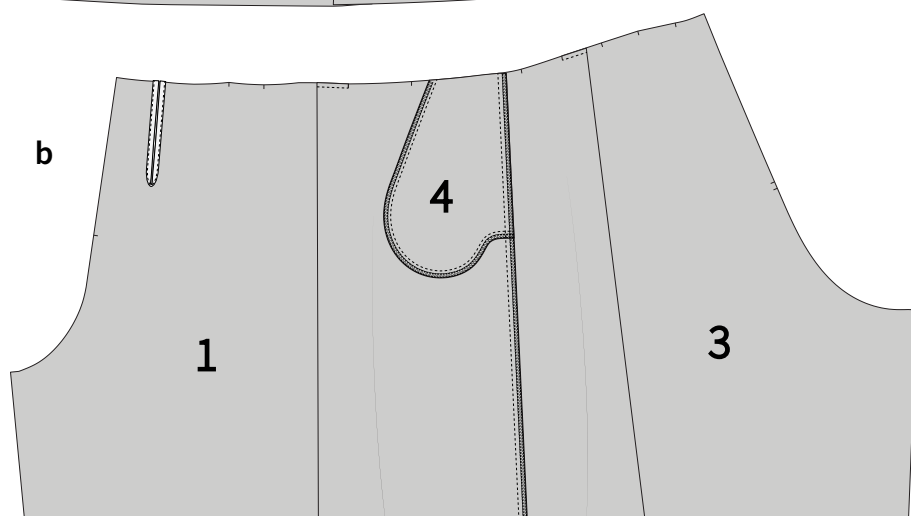


STEP 8

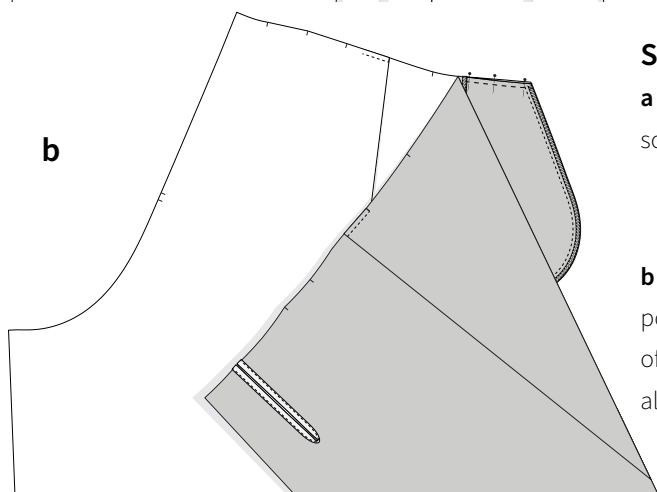
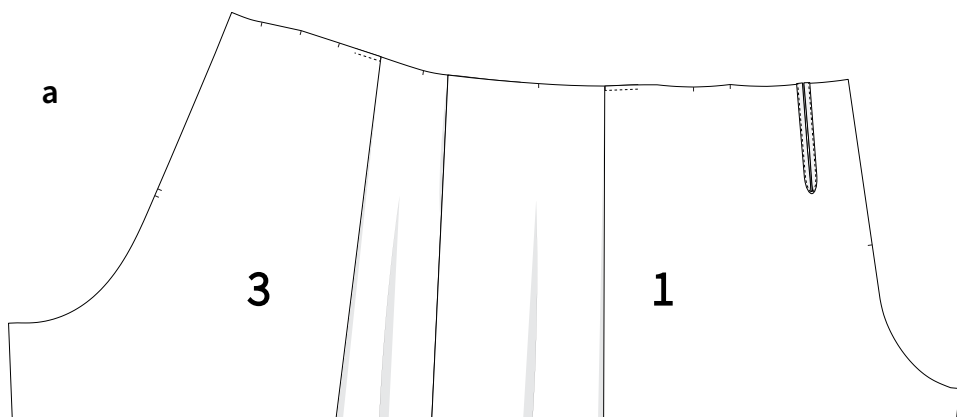
a Pin the FRONT - RHS [1] and BACK [3] together at the side seam with right sides together. Check that the pocket opening has not been caught in the pins.

Stitch side seam with a 1.2cm ($\frac{1}{2}$ in) seam allowance making sure the pocket opening is out of the way.

Open the seam to check that the bottom of the pocket has been caught cleanly in the seam and that the pocket opening is free.



b Finish seam allowance and press towards the BACK [3].

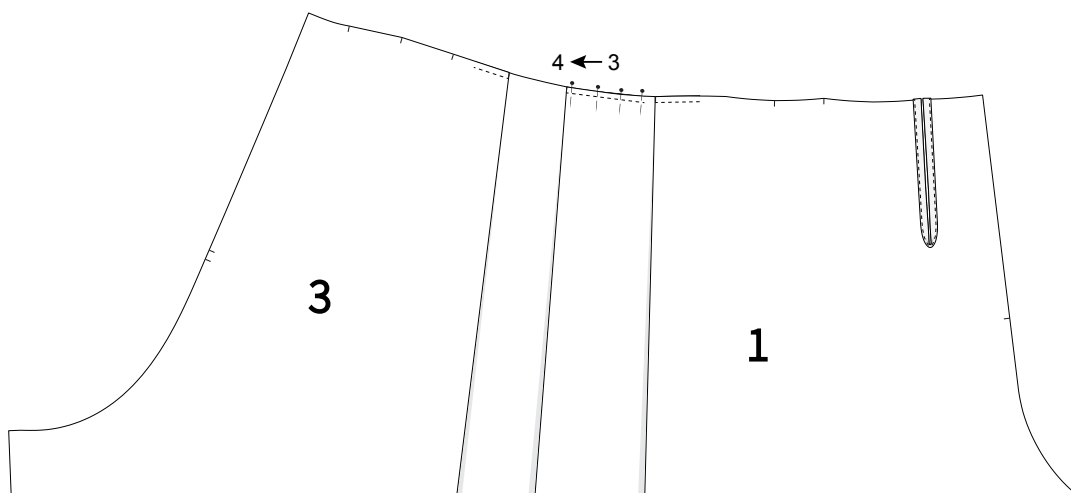


STEP 9

a Turn to the right side and press the pocket opening so that it lines up with the side seam.

b Flip back the FRONT - RHS [1] while keeping the pocket opening in place. Pin through the top edges of the IN-SEAM POCKET [4] and the side seam allowance. Stitch with a **6mm (1/4in)** seam allowance.

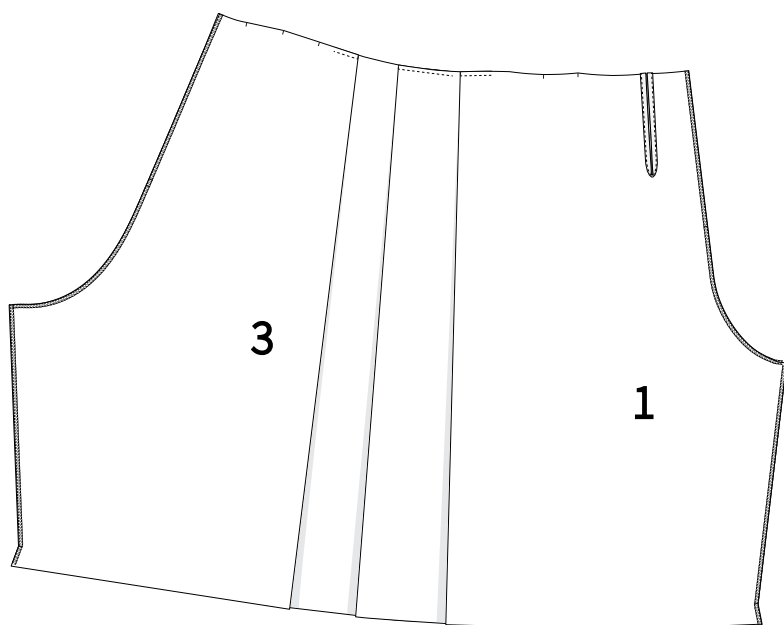
CREATE PLEATS



STEP 10

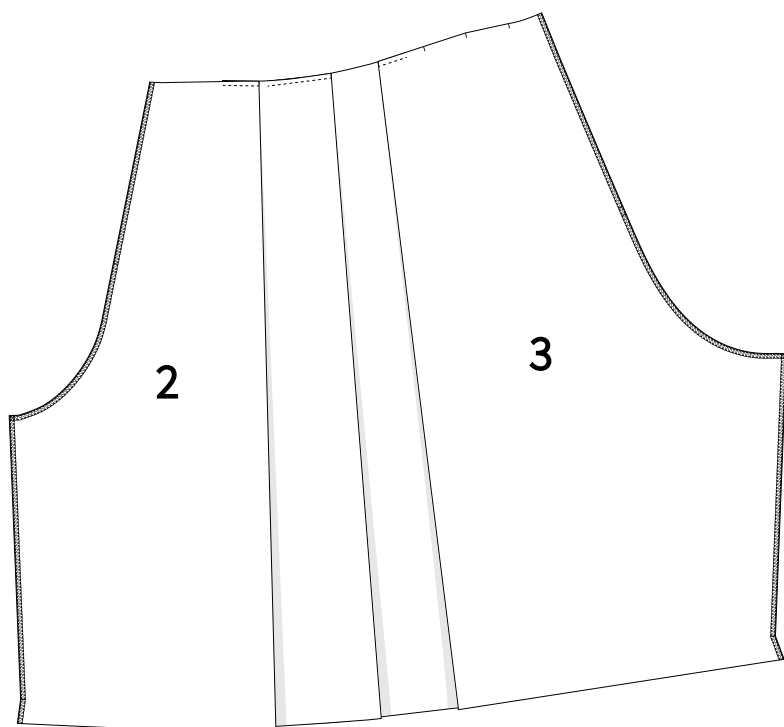
Create the side seam pleat. With the pocket out of the way, fold notch **3** on the FRONT - RHS [1] past the side seam to notch **4** on the BACK [3].

Line up the top edges and get the pocket top edge to sit in line with the FRONT - RHS [1] and BACK [3] along the waist edge. Press in place. Pin through the pleat and pocket. Stitch in place **6mm (1/4in)** from the waist edge.



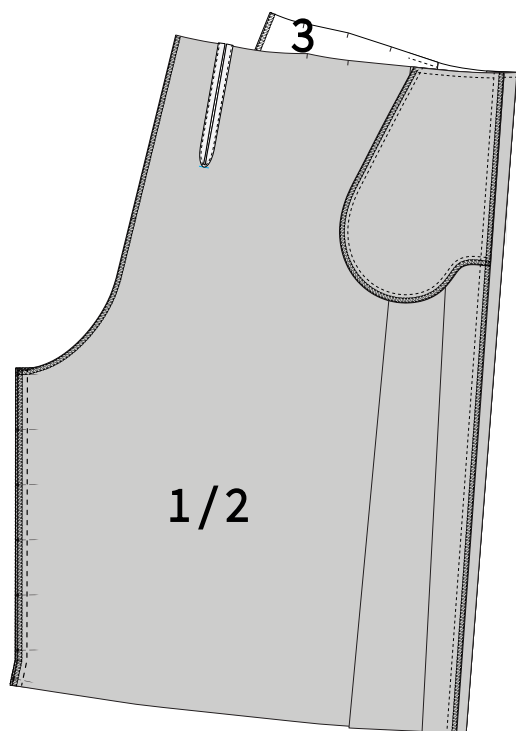
STEP 11

Finish the front and back crotch and inner leg seam allowances with your chosen method. If your fabric is prone to stretching, you may prefer to finish the seams after stitching them together (STEPS 13 and 14).



STEP 12

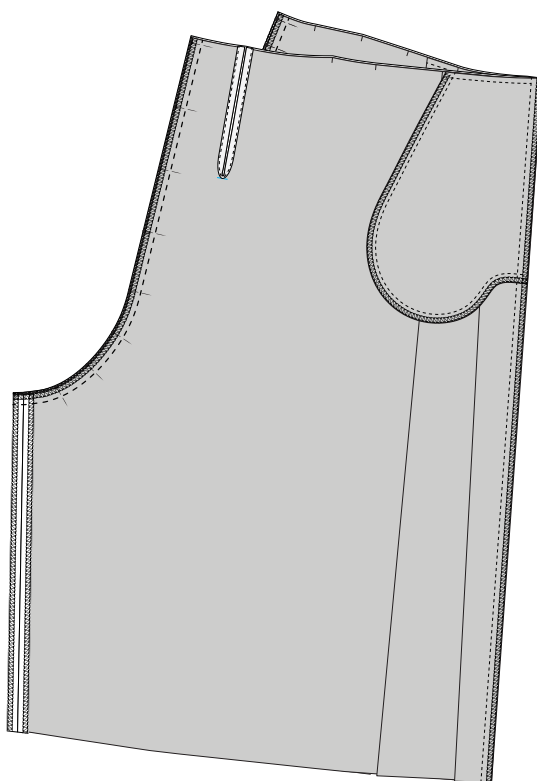
Repeat STEPS 8-11 on the FRONT - LHS [2].



For the following steps we will refer to the **FRONT - RHS [1]** and **FRONT - LHS [2]** as **FRONT [1/2]**, as the process is the same for both sides.

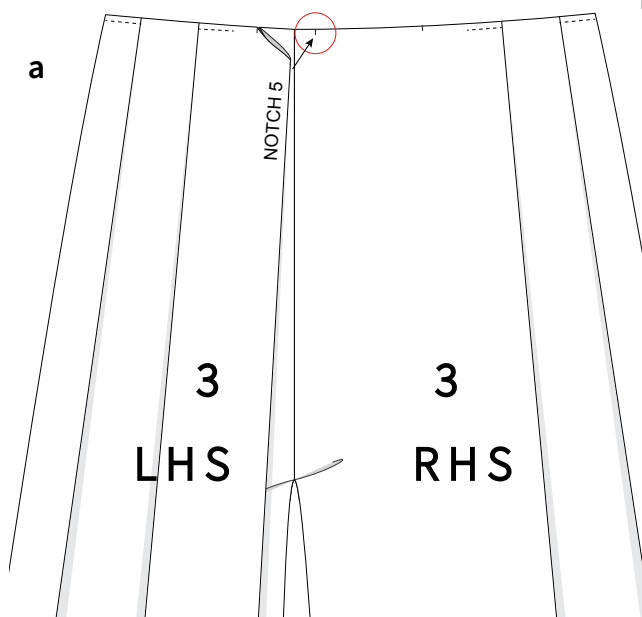
STEP 13

With right sides together, bring the inner leg seam of the **FRONT [1/2]** and **BACK [3]** together and pin. Stitch with a **1.2cm (½in)** seam allowance. Press seam allowance open.



STEP 14

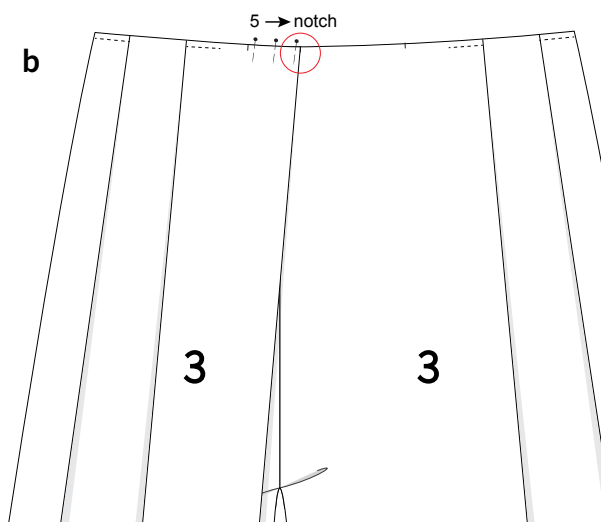
Turn one leg right side out and insert it into the other leg, so that they have right sides together. Pin the crotch seam from the waist on the centre front to the waist on the centre back. Match notches and seam lines. Stitch with a **1.2cm (½in)** seam allowance. Press the seam allowances open.



STEP 15

a Turn culottes right side out with **BACK [3]** facing up. The back pleats overlap each other across the centre back seam. One will be created first and then the other.

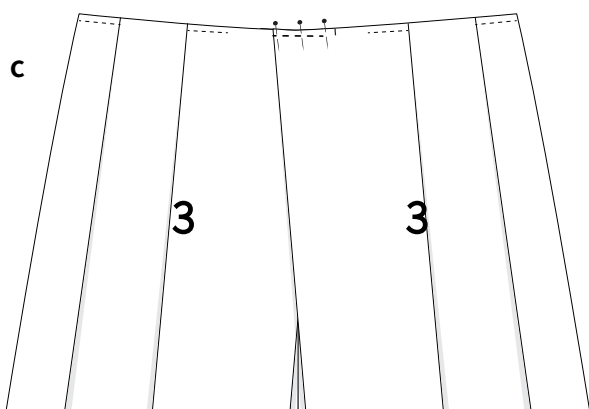
Create the centre back pleat by bringing notch **5** on the left-hand side back (LHS while wearing) to meet the **first notch past the CENTRE BACK seam** on the right-hand side of the culottes. Press.



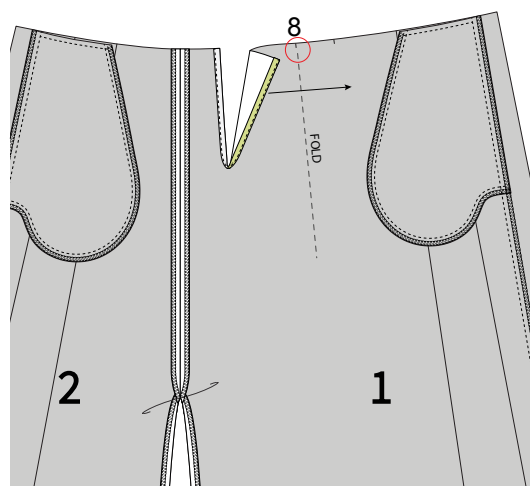
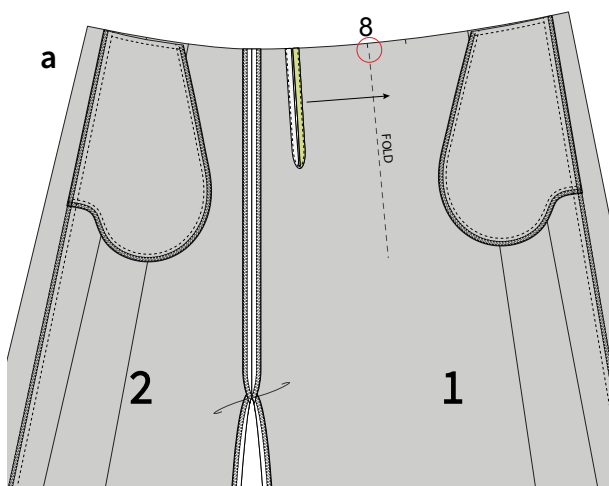
b Pin pleat in place.

Tip

If the fabric you are using is prone to shifting, staystitch after part **b** and then repeat for part **c**.



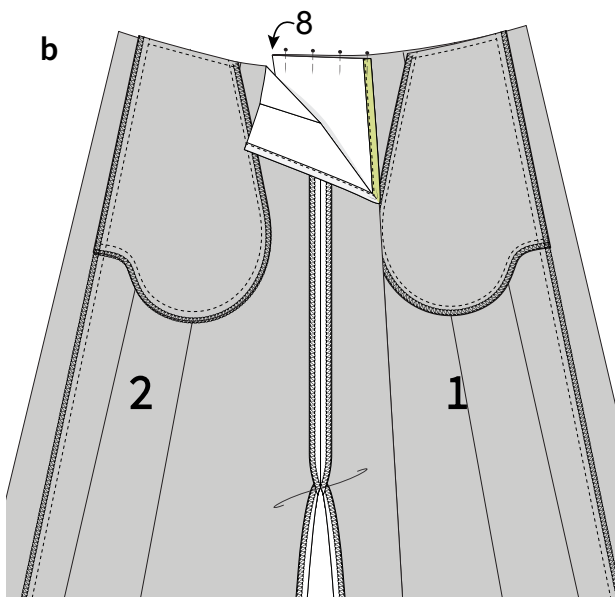
c Repeat on the other side, bringing notch **5** from the back right-hand side to the notch just left of the centre back seam, overlapping the first pleat. Hold pleat in place, remove original pins (from STEP 15b that are now sandwiched between the layers) and pin through both pleats. Stitch in place **6mm (1/4in)** from the waist edge.



STEP 16

a Turn culottes wrong side out with the front facing up. Find notch **8** on the FRONT - RHS [1] and hold it with your fingers.

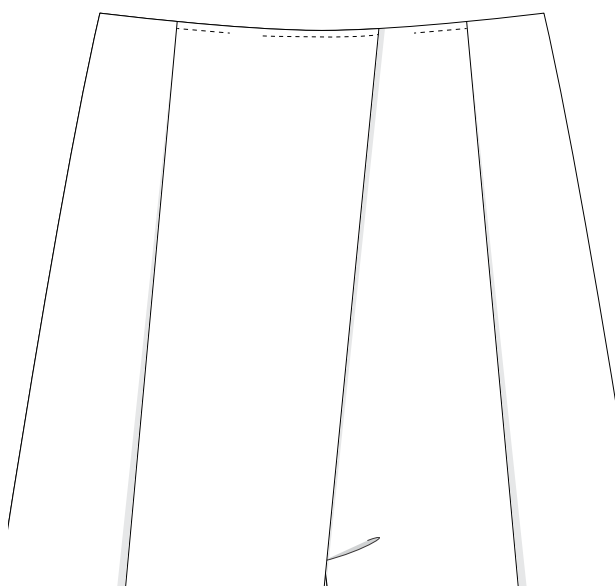
The highlighted side of the binding will fold towards the side seam of the FRONT - LHS [1] in the next step, causing notch **8** to become a fold. Disregard the CENTRE FRONT notch in this step - it is not required until you are attaching the WAISTBAND.



b Create a fold at notch **8** so the FRONT - RHS [1] has wrong sides together. The opening will allow you to do this. We have highlighted the binding to help you get from step **a** to **b**.

Pin along the top edge from notch **8** until you get to the binding.

Stitch in place **6mm (¼in)** from the waist edge.



STEP 17

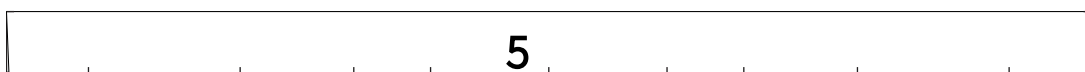
Turn right side out and press fold created.

View A continue to STEP 18.

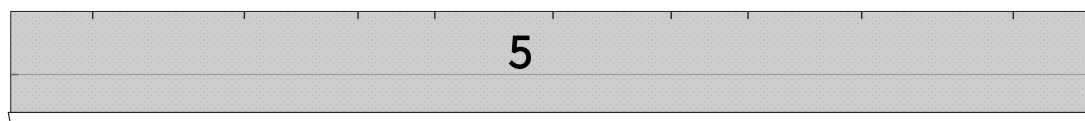
View B move to STEP 22 (p 23).

WAISTBAND (VIEW A)

a



b

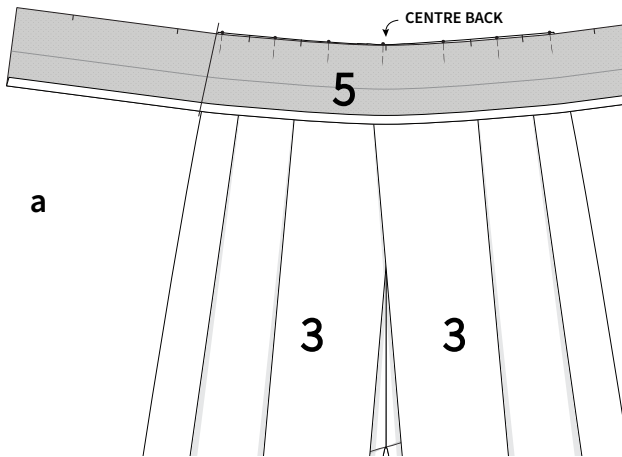


STEP 18

a Fold WAISTBAND [5] with wrong sides together lengthwise down middle. Press well to create a crease.

b Open up and place wrong side up. Fold up the edge that doesn't have notches by **1cm (¾in)** and press.

STEP 19



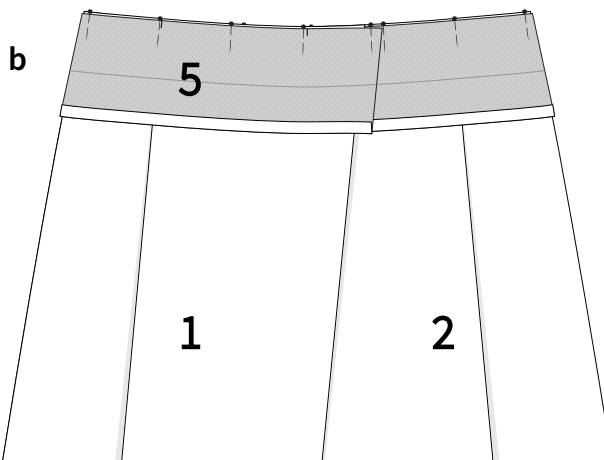
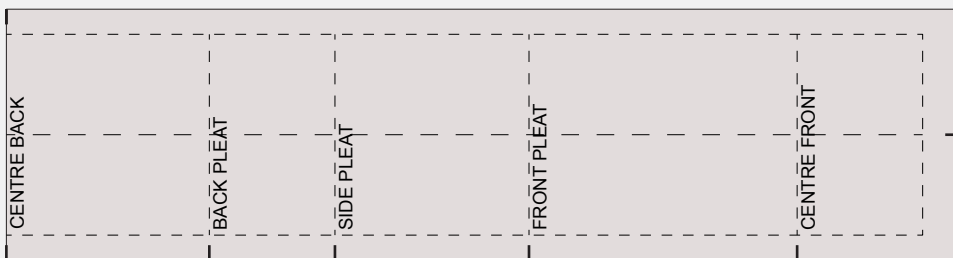
a With the culottes right side out and the BACK [3] facing up, locate the centre back seam. It is concealed by the pleats so you might find it helpful to put a pin through the pleat to indicate the CENTRE BACK.

Align the CENTRE BACK of the WAISTBAND [5] with the CENTRE BACK of the culottes. Pin in place. Remember to remove the pin in the culottes if you have one there.

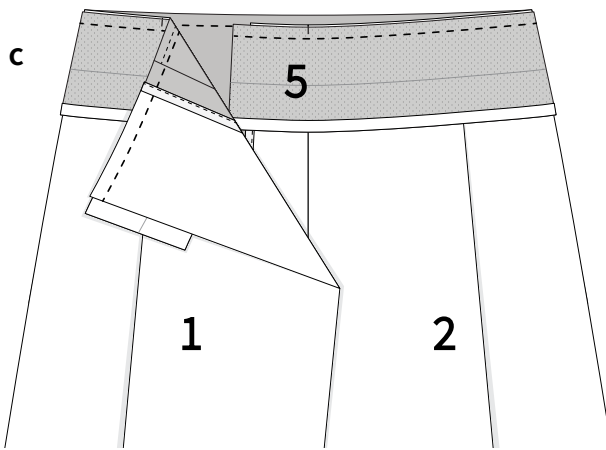
Line up each notch on the back section of the WAISTBAND [5] with pleats on the culottes until you get to the side seam / side pleat (more on this in the grey box below). Pin the notch in position first and then pin between the notches. This will allow you to ease the waist seam into the WAISTBAND [5] if any stretching has occurred.

Waistband notches

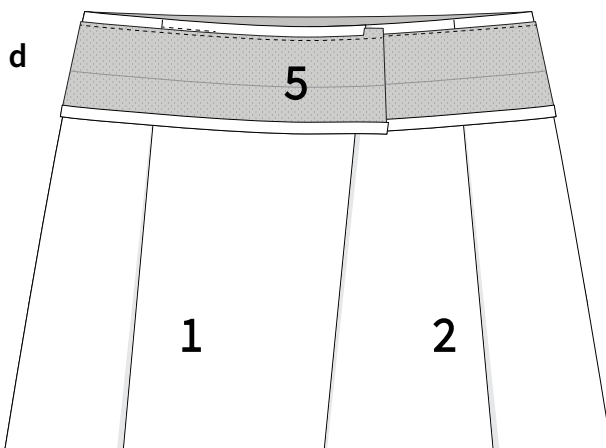
As it's a nested pattern, we couldn't label the waistband notches without causing confusion. Use the illustration as a reference when matching the notches on the waistband to the seams and pleats on the culottes. Mark the reference points on your pattern if you will find it helpful. **For View B, the waistband side seam lines up with the culottes side pleat, rather than the (hidden) side seam of the culottes.**



b Turn the culottes so the front is facing up and continue pinning the WAISTBAND [5]. The waistband will extend **1.5cm (5/8in)** beyond the edge on each side.

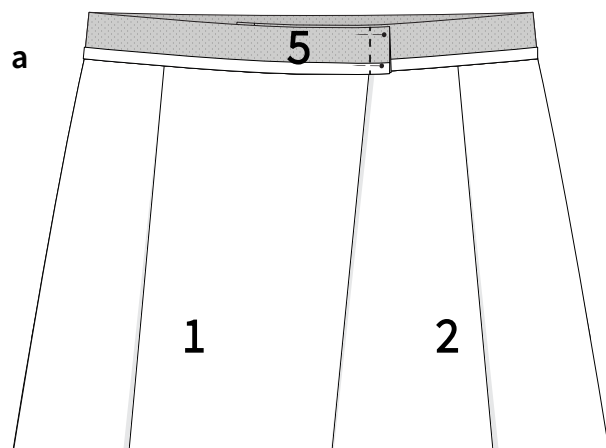


c Stitch in place with a **1cm (3/8in)** seam allowance.



d Trim back the seam allowance on the WAISTBAND [5] only. Do not trim back the seam allowance on the section that extends past the garment edge.

Turn the culottes inside out and press the seam allowance up towards the WAISTBAND [5].



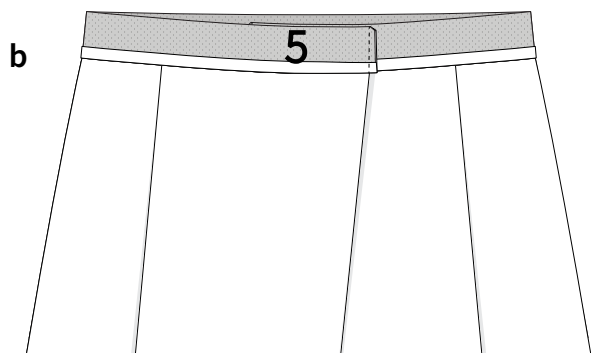
STEP 20

a Turn the waistband so that it has right sides together. Pin the waistband closed at the short end, making sure the folded edge remains folded and the fold sits just below the waistband seam. Pin in place.

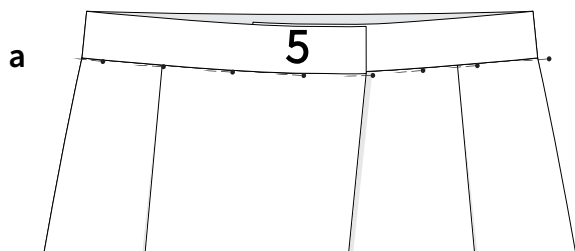
Stitch with a **1.5cm (5/8in)** seam allowance.

Tip

Use a ruler and chalk to mark in the stitch line to ensure it is accurate.



b Trim back seam allowance close to the seam and clip corner.

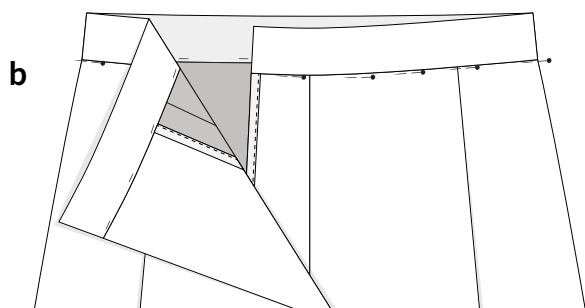


STEP 21

a Turn WAISTBAND [5] right side out and press along the crease.

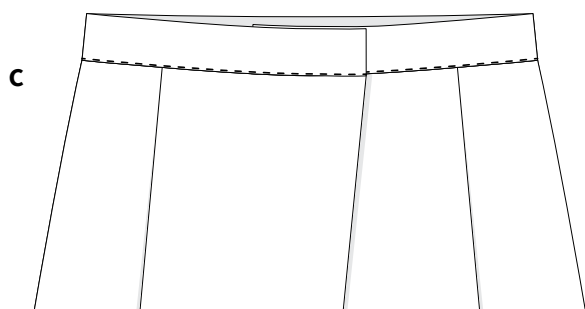
Pin through the ditch to pick up folded edge on the inside.

As you're pinning, check that the amount you are picking up is consistent (**b**).



Tip

Depending on the fabric you are using, you may find it easier to pin the WAISTBAND [5] in place from the inside first, then turn right side out and pin. Once pinned, remove the pins on the inside of the waistband (see p 25, STEP 25).

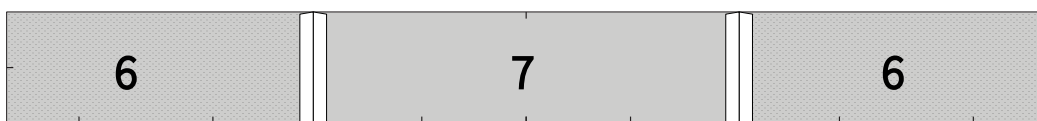
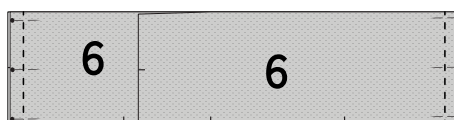


c Stitch in the ditch or right next to the ditch on the WAISTBAND [5].

Move to STEP 28.

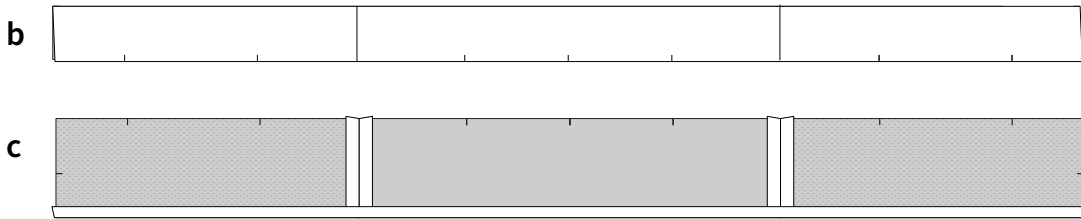
WAISTBAND (VIEW B)

a



STEP 22

a Pin FRONT WAISTBAND [6] to BACK WAISTBAND [7] at the side seam with all notches on the same side. Stitch with a **1.2cm (1/2in)** seam allowance. Press seam allowances open.



b Fold WAISTBAND with wrong sides together lengthwise down middle. Press well to create a crease.

c Open up and place wrong side up. Fold up the edge that doesn't have notches by **1cm (3/8in)** and press.

d Attach WAISTBAND to culottes following STEPS 19-21 (p 21).

STEP 23

a In the notions section of this pattern we suggest getting slightly more elastic than required just to be safe.

You can use the below equation to work out the length of elastic you are going to need. Bear in mind that since the back waistband section is actually smaller than your waist measurement halved (because the waistband side seams align with the side pleats on the culottes and NOT the culottes side seams themselves) you should have a bit of extra wiggle room in your elastic. We suggest trying on your culottes at STEP 27 and pulling the elastic tighter until it feels snug, but still comfortable, to gauge your optimal elastic length. (Elastic lengths may vary based on type of elastic used and personal fit preferences.)

Take half your waist measurement, subtract 10% for the stretch of the elastic and then add 2cm (3/4in) to account for the elastic that will extend beyond the waistband side seams.

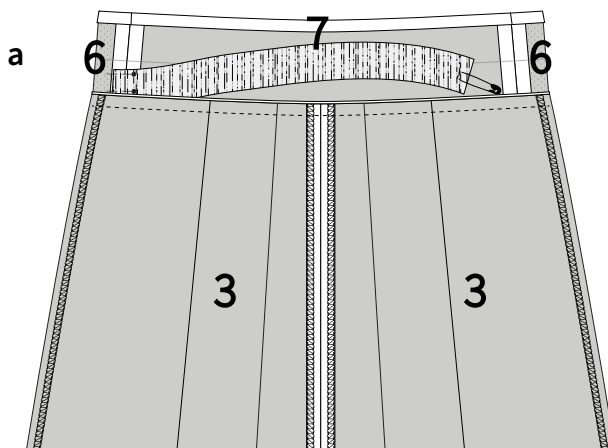
Waist measurement divided by 2 = _____ **(1)**

10% of **(1)** (i.e., **(1)** x 0.1) = _____ **(2)**

(1) - **(2)** = _____ **(3)**

(3) + 2cm (3/4in) = _____ **(4)**

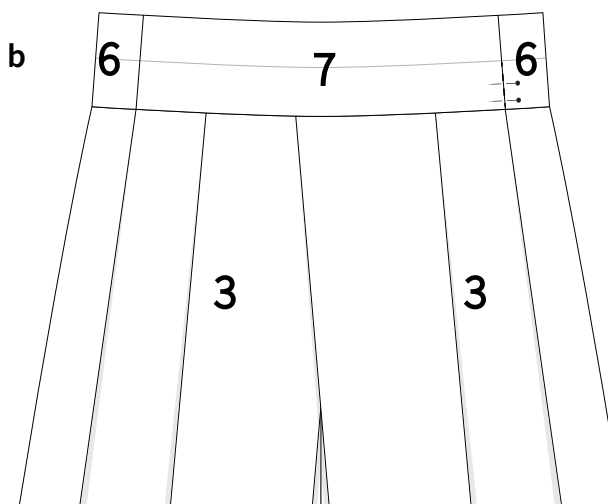
b Cut elastic to the length found above **(4)**.



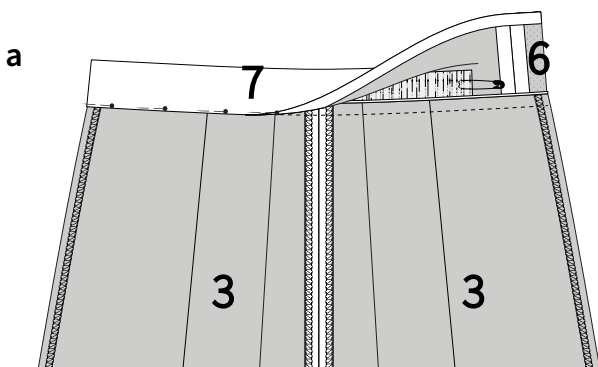
STEP 24

a With the culottes inside out and the BACK facing up, lift the waist seam allowance out of the way. Slide the elastic between the waistband and the seam allowance. Place the length of elastic **1cm (3/8in)** past waistband side seam towards the FRONT WAISTBAND [6]. The elastic needs to be sitting about **3mm (1/8in)** above the waist seam. Pin in place.

Put a safety pin through the loose end of the elastic.

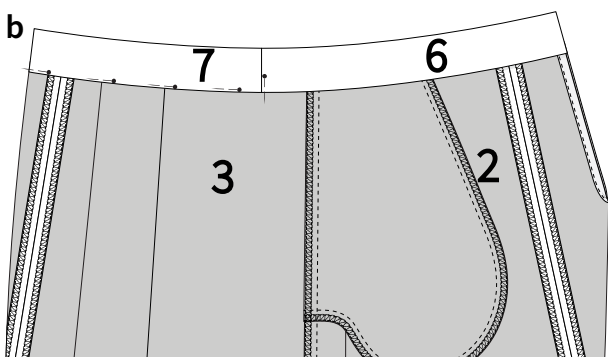


b Turn the culottes right side out and pin the elastic through the side seam. Remove the pins on the inside. Stitch in the ditch to secure.

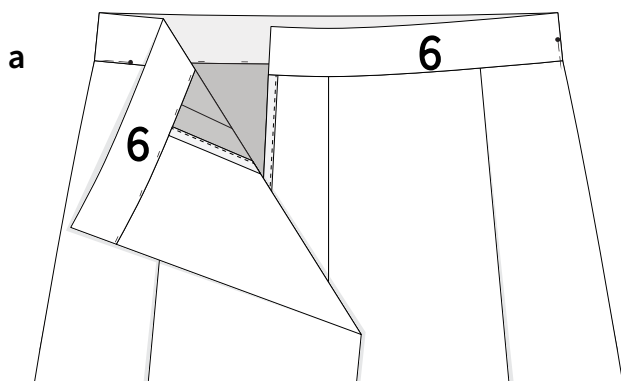


STEP 25

a Turn the culottes inside out. Turn down WAISTBAND so that the folded edge sits just past the waist stitch line. Pin in place starting at the front opening, enclosing the elastic inside at the back. Continue pinning until you get to the side seam on the other side (where the elastic is not attached yet).

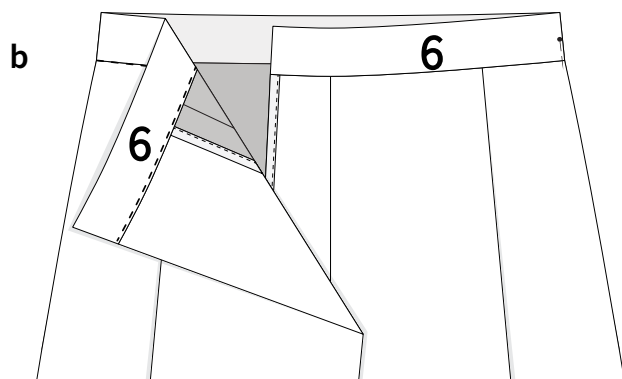


b When you are just past the side seam on the WAISTBAND, place a vertical pin through the WAISTBAND.

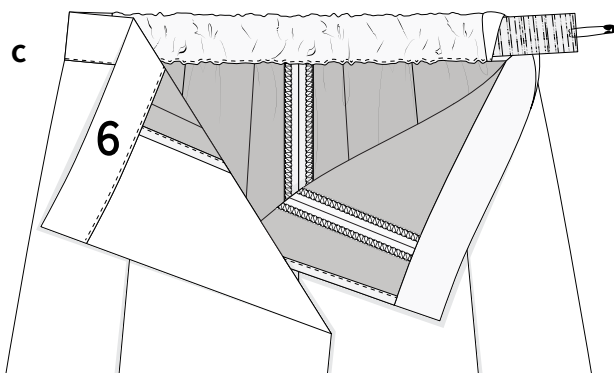


STEP 26

a Turn the culottes right side out. Pin through the ditch along the bottom of the waistband. Stop pinning when you get to the vertical pin. Remove the pins from the inside.



b Stitch in the ditch or right next to the ditch on the WAISTBAND [5]. Start at the vertical pin and sew the remainder of the waistband closed.



c Pull the elastic through to the side that is open using the safety pin. Check that the elastic is sitting flat and wiggle the elastic so that the end is sitting about **1cm (3/8in)** past the WAISTBAND side seam. Pin in place and remove safety pin.

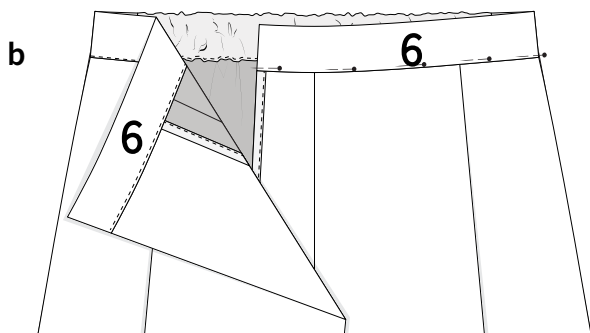


STEP 27

a Turn the culottes right side out. Pin the elastic through the WAISTBAND side seam. Remove the pins from the inside.

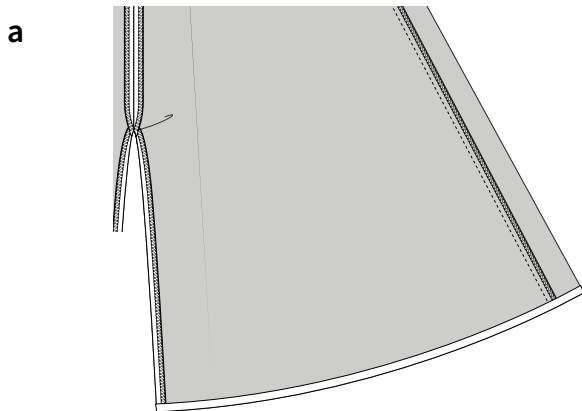
Before securing the elastic, do a fit check, using pins to secure the waistband in the correct position (look to STEP 29 for more info on this). Adjust elastic length until they fit well.

Stitch elastic in place through the ditch in the side seam.



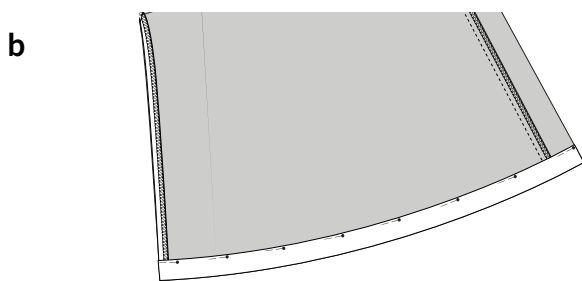
b Pin the remainder of the WAISTBAND in place. Stitch in the ditch to secure, starting where the first line of stitching finished.

HEM



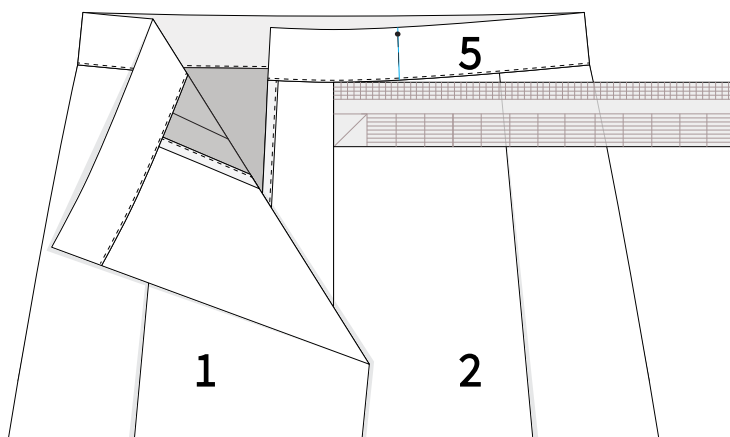
STEP 28

a With culottes inside out, turn up hem edges by **1cm (3/8in)** and press.



b Turn by another **2.5cm (1in)** and press. Pin. Stitch close to the folded edge, starting around the inner leg seams.

BUTTONS + BUTTONHOLES

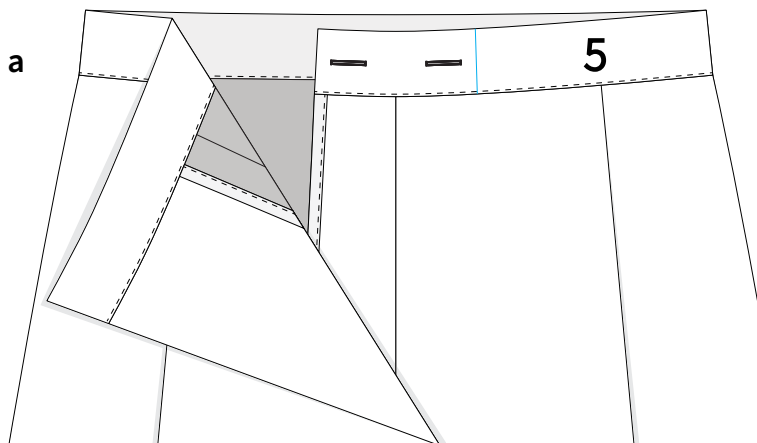


STEP 29

Turn the culottes right side out with the front facing up. Flip back the right-hand side of the waistband to access the front crotch seam. Mark a vertical line on the waistband **5cm (2in)** from the centre front crotch seam. This is where the edge of the waistband will sit when the waistband is closed.

STEP 30

Try on the culottes and pin the waistband in place at the vertical line to check that they are comfortable. Due to the overlapping waistband, there is a little bit of wiggle room - move the guideline marked in STEP 27 if required.

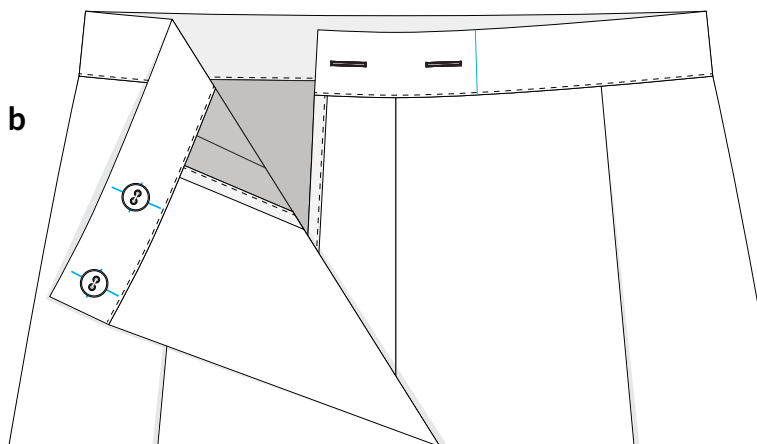


STEP 31

a Mark a horizontal buttonhole **1cm (3/8in)** from the guideline on the waistband in the centre of the waistband.

Mark a second buttonhole **1cm (3/8in)** from the edge of the waistband at the opening.

Sew buttonholes with machine. Cut open buttonholes.



b Close waistband so that the edge meets the guideline. Pin in place. From the inside, poke a pin through the right-hand side end of each buttonhole to mark the button position on the other side of the waistband.

Stitch buttons in place, making sure to only stitch through one layer of the waistband so that the stitches don't show on the outside of the garment.

We'd love to see your **Malvern culottes!**

Find us on Instagram **@inthefolds** and
tag your new make with **#MalvernCulottes**

GLOSSARY

BASTE

Sew temporary stitches to hold pieces in place before sewing permanently. Basting can be done by hand or machine (on a long stitch length). Consider using a contrasting thread when basting to make stitches easier to remove later.

CLIP

Snip into the seam allowance (perpendicular to the raw edge) getting close to but not through the stitch line to help open up curved seams or corners.

DRILL HOLE

Drill holes are points marked on a pattern, often used to indicate a dart point or other design features, such as the location of patch pockets, belt loops or pivot points (any feature that is located in an area where you are unable to notch a seam).

FINISH

Neaten the raw edges of your project using an overlocker, zig-zag stitch or binding.

INTERFACING

A (normally) fusible fabric that is used to stiffen or strengthen fabric in certain parts of a garment. It is often used in collars, cuffs and waistbands.

GRADE

Minimise bulk by trimming down raw edges in varying widths. Trim down the seam allowance that will sit closest to the body close to the stitch line. Trim the next layer, leaving a slightly wider seam allowance than the first, and so on until all layers are trimmed back.

NOTCH

A notch is a small cut in the fabric that helps guide you while you are sewing. It can be used to indicate seam allowance, dart arms, the location of design details or indicate key points on the pattern (like the centre front or centre back). Notches are also used to indicate balance points (points on your pattern that help you sew the right pieces together, as well as help you when you are sewing long or curved seams).

PRESS

Use an iron to press seams flat, using steam if appropriate for your fabric.

RIGHT SIDE / WRONG SIDE

The right side of the fabric is the side you would like to see on the outside of the finished garment, while the wrong side is the side that will be hidden inside the garment.

TRIM

Cut back a seam allowance to make a seam easier to manage or less bulky.

SEAM ALLOWANCE

The space between the stitch line and the raw edge of the fabric. The seam allowance varies throughout this pattern, depending on the seam. For example, larger seam allowances are required for centre back and side seams, while smaller seam allowances are required for curved seams so that you can achieve a clean finish. More information on seam allowances on **In the Folds** patterns can be found on p 3.

STAYSTITCH

Staystitching is a line of stitching inside the permanent stitch line (so it remains hidden inside the seam allowances) that is used to reinforce curved and bias cut seams so that they do not stretch or distort during the sewing process.

UNDERSTITCH

Stitch the seam allowance to a facing or binding, close to the seam edge. This helps the facing (or binding) roll to the inside of the garment, preventing it from being seen on the outside of a garment.

REFLECTION

OVERVIEW	WHAT DID YOU ENJOY ABOUT THE PROCESS?	WHAT SKILLS WOULD YOU LIKE TO WORK ON IN THE FUTURE?
Date made _____		
Measurements	_____	
Waist _____	_____	_____
Hip _____	_____	_____
Size/s made _____	_____	_____
Fabric used _____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
ADJUSTMENTS MADE	WHAT PARTS OF THIS PROJECT ARE YOU MOST PROUD OF?	NOTES FOR NEXT TIME
_____		_____
_____		_____
_____		_____
_____		_____
_____		_____
_____		_____
_____		_____
_____		_____
_____		_____
_____		_____
SKILLS LEARNED	IS THERE ANYTHING YOU WOULD DO DIFFERENTLY NEXT TIME?	
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

NOTES

[illegible]

WOOHOO! YOU HAVE FINISHED YOUR CULOTTES!

WE'D LOVE TO SEE
WHAT YOU'VE MADE.

*Find us on Instagram @inthefolds
and tag your make with #MalvernCulottes*

LOVE YOUR CULOTTES?

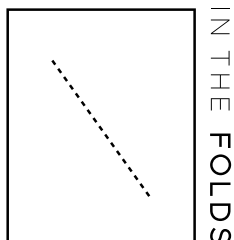
*There are plenty more patterns available at
www.inthefolds.com*

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SYDNEY, AUSTRALIA