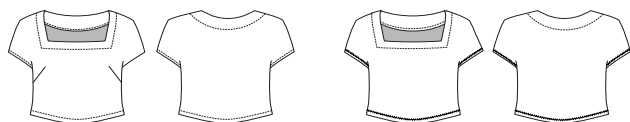


FRIDAY  
pattern co.



the  
SQUARE NECK TOP

# FRIDAY pattern co. // the SQUARE NECK TOP



## DESCRIPTION

The Square Neck Top is a boxy dolman sleeved top with a square neckline. It is slightly cropped. It is a great beginner sewing pattern and includes pattern pieces to make the top from a knit or woven fabric!

- This pattern includes pieces for making the top in a knit fabric or a woven fabric.
- This pattern includes front pieces drafted for an A/B cup or a C/D cup.
- For both knit and woven patterns you will use the same neckline facing pieces.
- The pattern is slightly cropped. Lengthen/shorten lines are provided on the pattern but keep in mind that if you are lengthening it so that it will be down around the fullest part of your hips you may need to grade out.
- The pattern was drafted using sample measurements for a height of 5'6".

## NOTIONS

- 1/2 yard (.5 metres) lightweight fusible interfacing. If making the knit version get knit fusible interfacing.
- Matching thread
- Stretch or ballpoint needle if making the knit version

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**SEAM ALLOWANCE IS INCLUDED IN THE PATTERN AND IS 5/8" (1.58 CM) UNLESS OTHERWISE STATED.**

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## YARDAGE REQUIREMENTS

For all sizes you need 1/2 yard (.45 metres) interfacing.

yards

| fabric width | XS   | S    | M    | L    | XL   | XXL  | 1X   | 2X   | 3X   | 4X   | 5X   | 6X   | 7X   |
|--------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 45"          | 1.33 | 1.33 | 1.33 | 1.66 | 1.66 | 1.66 | 1.88 | 1.88 | 1.88 | 1.88 | 1.88 | 1.88 | 1.88 |
| 54-60"       | 1    | 1    | 1    | 1.38 | 1.38 | 1.38 | 1.66 | 1.66 | 1.66 | 1.66 | 1.88 | 1.88 | 1.88 |

meters

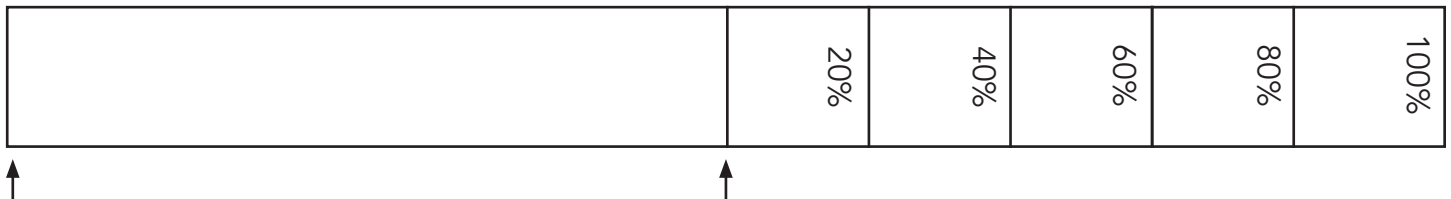
| fabric width | XS  | S   | M   | L   | XL  | XXL | 1X  | 2X  | 3X  | 4X  | 5X  | 6X  | 7X  |
|--------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1.2 m        | 1.2 | 1.2 | 1.2 | 1.5 | 1.5 | 1.5 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 |
| 1.4-1.5 m    | .9  | .9  | .9  | 1.3 | 1.3 | 1.3 | 1.5 | 1.5 | 1.5 | 1.5 | 1.7 | 1.7 | 1.7 |

## RECOMMENDED FABRIC

This pattern includes pattern pieces so that the top can be made from a knit or a woven fabric.

**KNIT FABRICS:** Knit fabrics with at least 20% 4-way stretch are suitable. Cotton jersey, rib knits, lightweight french terry are a few types of fabric that would be great. Generally, sturdier knits are easier to work with and drapier thinner knits are a little more difficult.

STRETCH % GUIDE



Hold a piece of unstretched fabric and line the ends up at the two arrows. Keeping one end at the first arrow, stretch the other end to the 20% line. As long as it can stretch to that line, your fabric is suitable.

**WOVEN FABRICS:** The woven Square Neck top looks great in linen, cotton, rayon, silk, etc! The fabric you choose will affect how your top looks. If you choose a drapery fabric like a rayon or silk you will have more of a blouse-y look. If you choose something like linen it will have a more structured vibe.

Sewing Knits vs Sewing Wovens:

There are a couple differences in how you sew and finish a pattern depending on whether the fabric is a knit or a woven.

- Machine needle: for knit fabrics you want to use a stretch or ballpoint sewing machine needle.
- Seam finishes: knit fabrics do not fray and thus do not require a seam finish! You can just trim away excess seam allowance and carry on with your day. For woven fabrics you will need to finish your seams. You can visit: [fridaypatterncompany.com/pages/seam-finishes](http://fridaypatterncompany.com/pages/seam-finishes) to learn more about seam finish options.
- Construction seams: When sewing with knits use a stretch stitch. Most machines have a stretch stitch that looks kind of like a lightning bolt. If your machine doesn't have a stretch stitch, a zig-zag will do. You can also use a serger if you have one.

# PRINTING YOUR PDF PATTERN

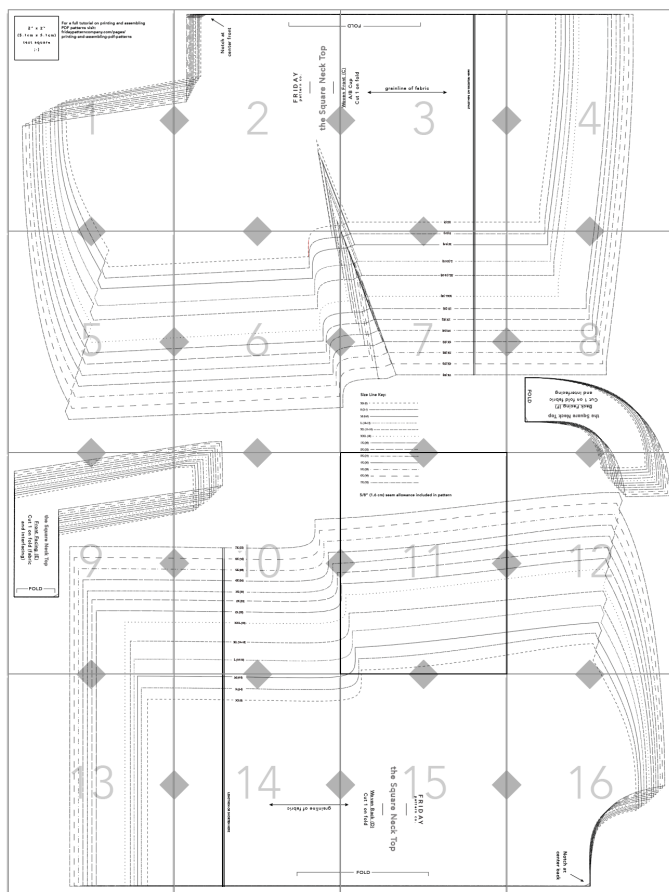
For a full tutorial on printing and assembling PDF patterns visit:

[fridayspatterncompany.com/pages/printing-and-assembling-pdf-patterns](http://fridayspatterncompany.com/pages/printing-and-assembling-pdf-patterns)

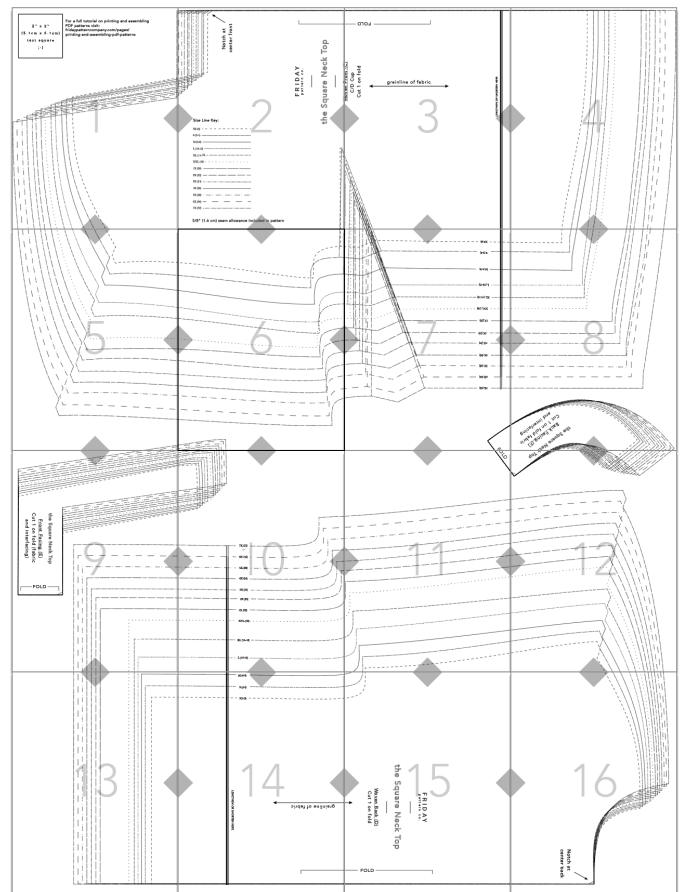
The Square Neck Top PDF download includes 4 different print at home patterns. Files for knit and woven patterns in two different cup sizes.

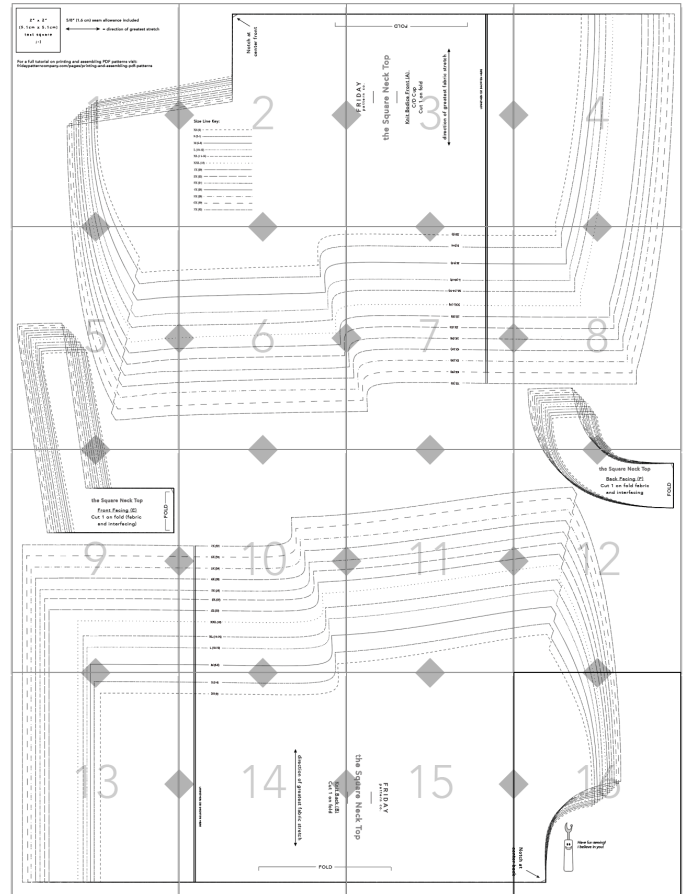
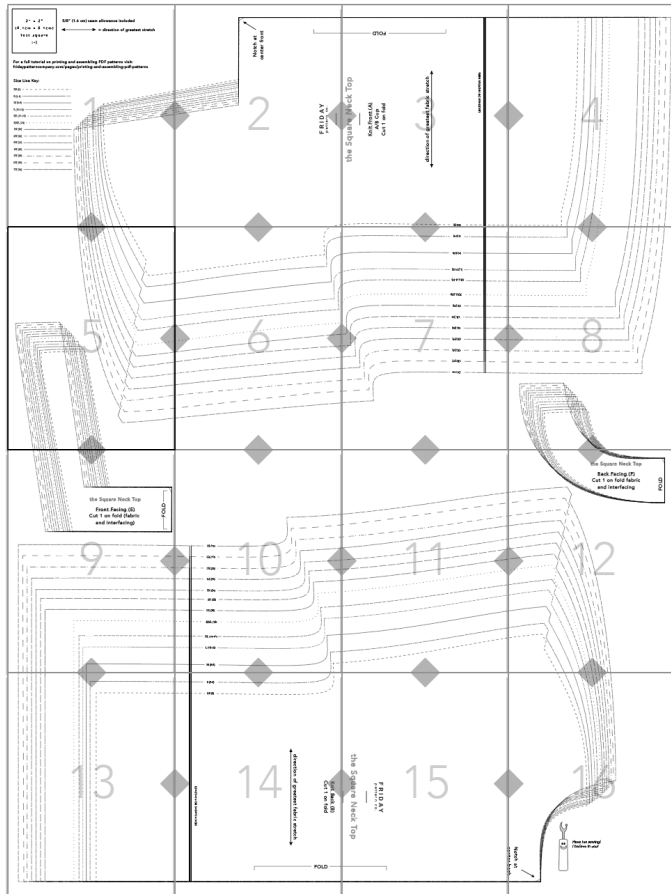
Your PDF pattern can be printed on letter sized (8.5 x 11 in) or A4 paper. When you print, make sure you select "Actual Size" or scale to 100%. Do not select "scale to fit". You may want to print page 1 first and double check the 2"x2" test square before printing the rest of your pattern. If your pattern isn't printing centered on the page, change the orientation to "Auto portrait/landscape". Once printed, piece your pattern together by putting the pages in numerical order and matching up the gray diamonds on the pages.

SNT Woven AB Cup Print at Home.pdf



SNT Woven CD Cup Print at Home.pdf





## PRINTING LAYERS

Your PDF pattern file is layered so you can print out just the sizes that you want. To view the layers you need to download Adobe Acrobat Reader (it is free).

To print the pattern and select layers:

- Download the pattern and open it in Adobe Acrobat Reader.
- Click the icon that looks like 3 squares falling from the sky to view layers.
- Uncheck the sizes that you don't want to print. Be sure to leave the "All Sizes" layer visible.



## FIT NOTES

The fit of the Square Neck Top is boxy. The dolman sleeves create a loose cap on your arm. This top was drafted using sample measurements for a height of 5'6". You can adjust the length using the lengthen/shorten line. If you are lengthening it so that it is long enough to be down around your hips you may need to grade out. To find your size compare your body measurements to the measurements on the size chart below.

## SIZE CHART

| <i>inches</i> | <b>XS</b> | <b>S</b> | <b>M</b> | <b>L</b> | <b>XL</b> | <b>XXL</b> | <b>1X</b> | <b>2X</b> | <b>3X</b> | <b>4X</b> | <b>5X</b> | <b>6X</b> | <b>7X</b> |
|---------------|-----------|----------|----------|----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>BUST</b>   | 32-33     | 34-35    | 36-37    | 38-39    | 40-43     | 44-46      | 47-48     | 49-50     | 51-52     | 53-54     | 55-56     | 57-58     | 59-60     |
| <b>WAIST</b>  | 24-25     | 26-27    | 28-29    | 30-32    | 33-35     | 36-39      | 40-41     | 42-43     | 44-45     | 46-47     | 48-49     | 50-51     | 52-53     |
| <b>HIPS</b>   | 34-35     | 35-36    | 37-38    | 39-41    | 42-45     | 46-49      | 50-51     | 52-53     | 54-55     | 56-57     | 58-59     | 60-61     | 62-63     |

| <i>cm</i>    | <b>XS</b> | <b>S</b> | <b>M</b> | <b>L</b> | <b>XL</b> | <b>XXL</b> | <b>1X</b> | <b>2X</b> | <b>3X</b> | <b>4X</b> | <b>5X</b> | <b>6X</b> | <b>7X</b> |
|--------------|-----------|----------|----------|----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>BUST</b>  | 81-84     | 86-89    | 91-94    | 95-99    | 102-109   | 110-117    | 119-122   | 124-127   | 130-132   | 134-137   | 140-142   | 145-147   | 150-152   |
| <b>WAIST</b> | 61-64     | 66-69    | 71-74    | 76-81    | 84-89     | 91-99      | 101-104   | 107-109   | 111-114   | 116-119   | 122-124   | 127-130   | 132-135   |
| <b>HIPS</b>  | 86-89     | 89-91    | 94-97    | 99-104   | 107-116   | 117-125    | 127-130   | 132-135   | 137-140   | 142-145   | 147-150   | 152-155   | 157-160   |

## FINISHED GARMENT MEASUREMENTS

HEM CIR = hem circumference    LENGTH CF = length from center front

Knit Square Neck Top A/B Cup:

| <i>in/cm</i>     | <b>XS</b> | <b>S</b>  | <b>M</b>  | <b>L</b>  | <b>XL</b> | <b>XXL</b> | <b>1X</b> | <b>2X</b> | <b>3X</b> | <b>4X</b> | <b>5X</b> | <b>6X</b> | <b>7X</b> |
|------------------|-----------|-----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>BUST</b>      | 33 / 84   | 35 / 89   | 38 / 97   | 40 / 102  | 43 / 109  | 46 / 117   | 48 / 122  | 50 / 127  | 52 / 132  | 54 / 137  | 55 / 140  | 58 / 147  | 60 / 152  |
| <b>BICEP</b>     | 15 / 38   | 15.5 / 39 | 16 / 41   | 16.5 / 42 | 17 / 43   | 17.5 / 44  | 18 / 46   | 18.5 / 47 | 19 / 48   | 20 / 51   | 20.5 / 52 | 21 / 53   | 21.5 / 55 |
| <b>HEM CIR</b>   | 33 / 84   | 35 / 89   | 38 / 97   | 40 / 102  | 43 / 109  | 46 / 117   | 48 / 122  | 50 / 127  | 52 / 132  | 54 / 137  | 55 / 140  | 58 / 147  | 60 / 152  |
| <b>LENGTH CF</b> | 13.6 / 35 | 13.9 / 35 | 14.2 / 36 | 14.4 / 37 | 14.7 / 37 | 15 / 38    | 16.3 / 41 | 16.6 / 42 | 16.8 / 43 | 17.1 / 43 | 17.3 / 44 | 17.6 / 45 | 17.8 / 45 |

Knit Square Neck Top C/D Cup:

| <i>in/cm</i>     | <b>XS</b> | <b>S</b>  | <b>M</b>  | <b>L</b>  | <b>XL</b> | <b>XXL</b> | <b>1X</b> | <b>2X</b> | <b>3X</b> | <b>4X</b> | <b>5X</b> | <b>6X</b> | <b>7X</b> |
|------------------|-----------|-----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>BUST</b>      | 34 / 86   | 36 / 91   | 39 / 99   | 42 / 107  | 45 / 114  | 47 / 119   | 49 / 124  | 51 / 130  | 53 / 135  | 55 / 140  | 57 / 145  | 59 / 150  | 61 / 155  |
| <b>BICEP</b>     | 15 / 38   | 15.5 / 39 | 16 / 41   | 16.5 / 42 | 17 / 43   | 17.5 / 44  | 18 / 46   | 18.5 / 47 | 19 / 48   | 20 / 51   | 20.5 / 52 | 21 / 53   | 21.5 / 55 |
| <b>HEM CIR</b>   | 34 / 86   | 36 / 91   | 39 / 99   | 42 / 107  | 45 / 114  | 47 / 119   | 49 / 124  | 51 / 130  | 53 / 135  | 55 / 140  | 57 / 145  | 59 / 150  | 61 / 155  |
| <b>LENGTH CF</b> | 14 / 36   | 14.3 / 36 | 14.6 / 37 | 14.8 / 38 | 15.1 / 38 | 15.4 / 39  | 16.7 / 42 | 17 / 43   | 17.2 / 44 | 17.5 / 45 | 17.7 / 45 | 18 / 46   | 18.2 / 46 |

Woven Square Neck Top A/B Cup:

| <i>in/cm</i>     | <b>XS</b> | <b>S</b>  | <b>M</b>  | <b>L</b>  | <b>XL</b> | <b>XXL</b> | <b>1X</b> | <b>2X</b> | <b>3X</b> | <b>4X</b> | <b>5X</b> | <b>6X</b> | <b>7X</b> |
|------------------|-----------|-----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>BUST</b>      | 34 / 86   | 36 / 91   | 38 / 97   | 41 / 104  | 44 / 112  | 47 / 119   | 49 / 124  | 51 / 130  | 53 / 135  | 55 / 140  | 56 / 142  | 59 / 150  | 61 / 155  |
| <b>BICEP</b>     | 16.9 / 43 | 17.3 / 44 | 17.8 / 45 | 18.3 / 47 | 18.9 / 48 | 19.3 / 49  | 19.9 / 51 | 20.5 / 52 | 21.1 / 54 | 21.7 / 55 | 22.3 / 57 | 22.9 / 58 | 23.5 / 60 |
| <b>HEM CIR</b>   | 33 / 84   | 35 / 89   | 37 / 94   | 40 / 102  | 43 / 109  | 46 / 117   | 48 / 122  | 50 / 127  | 52 / 132  | 54 / 137  | 55 / 140  | 58 / 147  | 60 / 152  |
| <b>LENGTH CF</b> | 14.4 / 37 | 14.7 / 37 | 15 / 38   | 15.2 / 39 | 15.4 / 39 | 15.7 / 40  | 17.1 / 43 | 17.3 / 44 | 17.6 / 45 | 17.8 / 45 | 18.1 / 46 | 18.3 / 46 | 18.5 / 47 |

## Woven Square Neck Top C/D Cup:

| in/cm            | XS        | S         | M         | L         | XL        | XXL       | 1X        | 2X        | 3X        | 4X        | 5X        | 6X        | 7X        |
|------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>BUST</b>      | 36 / 91   | 38 / 97   | 40 / 102  | 43 / 109  | 46 / 117  | 49 / 124  | 51 / 130  | 53 / 135  | 55 / 140  | 56 / 142  | 58 / 147  | 61 / 155  | 63 / 160  |
| <b>BICEP</b>     | 16.9 / 43 | 17.3 / 44 | 17.8 / 45 | 18.3 / 47 | 18.9 / 48 | 19.3 / 49 | 19.9 / 51 | 20.5 / 52 | 21.1 / 54 | 21.7 / 55 | 22.3 / 57 | 22.9 / 58 | 23.5 / 60 |
| <b>HEM CIR</b>   | 35 / 89   | 37 / 94   | 39 / 99   | 42 / 107  | 45 / 114  | 48 / 122  | 50 / 127  | 52 / 132  | 54 / 137  | 55 / 140  | 57 / 145  | 60 / 152  | 62 / 157  |
| <b>LENGTH CF</b> | 15.5 / 39 | 15.9 / 40 | 16.2 / 41 | 16.7 / 42 | 17 / 43   | 17.4 / 44 | 18.6 / 47 | 19 / 48   | 19.2 / 49 | 19.5 / 50 | 19.9 / 51 | 20.3 / 52 | 20.6 / 52 |

## Neckline Measurements All Views:

| in/cm        | XS       | S        | M        | L        | XL       | XXL      | 1X       | 2X       | 3X       | 4X       | 5X       | 6X       | 7X       |
|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>DEPTH</b> | 6.2 / 16 | 6.3 / 16 | 6.4 / 16 | 6.5 / 17 | 6.6 / 17 | 6.8 / 17 | 6.9 / 17 | 7 / 18   | 7.1 / 18 | 7.2 / 18 | 7.3 / 18 | 7.4 / 19 | 7.5 / 19 |
| <b>WIDTH</b> | 6.4 / 16 | 6.5 / 17 | 6.7 / 17 | 6.8 / 17 | 6.9 / 17 | 7 / 18   | 7.1 / 18 | 7.2 / 18 | 7.3 / 19 | 7.4 / 19 | 7.5 / 19 | 7.6 / 19 | 7.7 / 20 |

## CUTTING LAYOUTS:

You may need to purchase extra yardage if your fabric has a heavy nap, is directional, striped, or has an obvious repeat. Grayed pattern pieces indicate that it will save yardage to open the fabric and refold to cut pieces as shown.

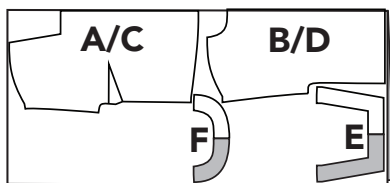
Make sure you cut out the correct pattern pieces for the fabric you are using and the bra cup size that you wear. For any variation of the top you will be cutting out 4 pattern pieces:

- The Bodice Front piece in the cup size and fabric type that you want
- The Bodice Back piece in the fabric type that you want
- Front Facing (E)
- Back Facing (F)

The illustrations below show the woven bodice pieces but the layout is the same for the knit or woven version.

XS - M // 45" Wide Fabric

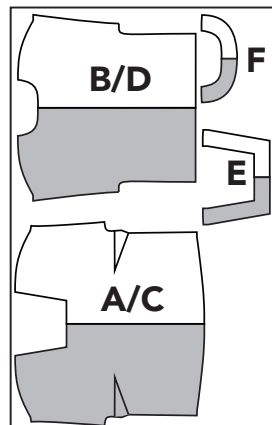
fold



selvage

XS - M // 54-60" Wide Fabric

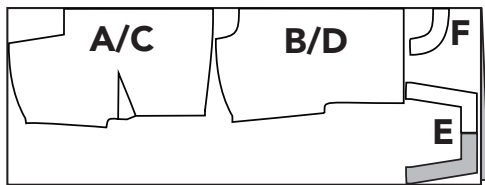
selvage



selvage

L - XXL // 45" Wide Fabric

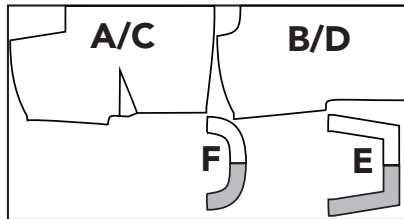
fold



selvage

L - XXL // 54" Wide Fabric

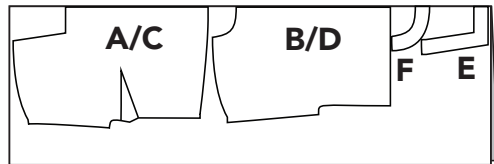
fold



selvage

1X - 4X // 45" Wide Fabric

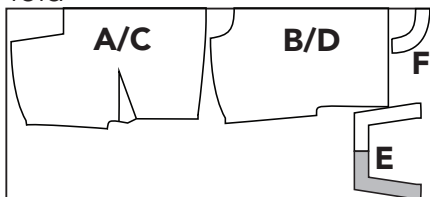
fold



selvage

1X - 4X // 54" Wide Fabric

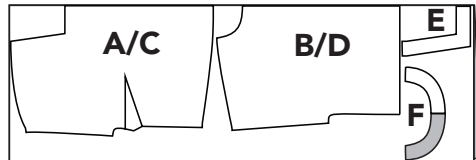
fold



selvage

5X - 7X // 45" Wide Fabric

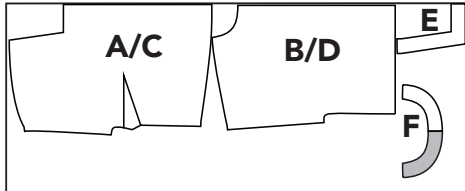
fold



selvage

5X - 7X // 54" Wide Fabric

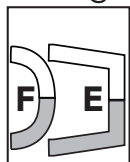
fold



selvage

Interfacing All Sizes

selvage



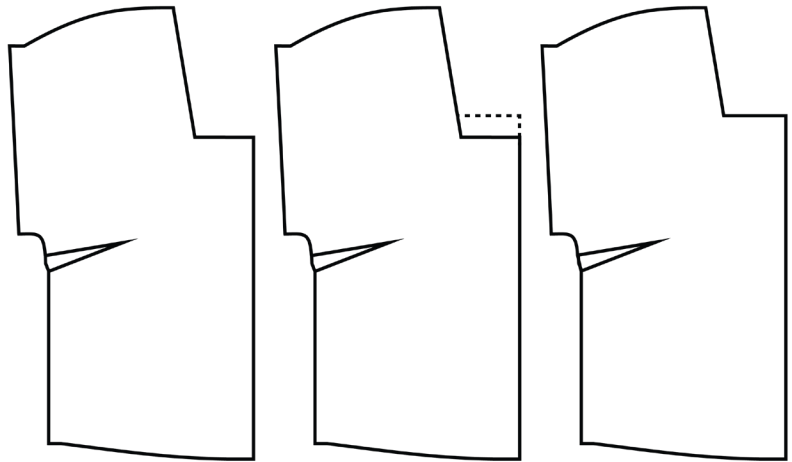
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## ENSURING NECKLINE FIT

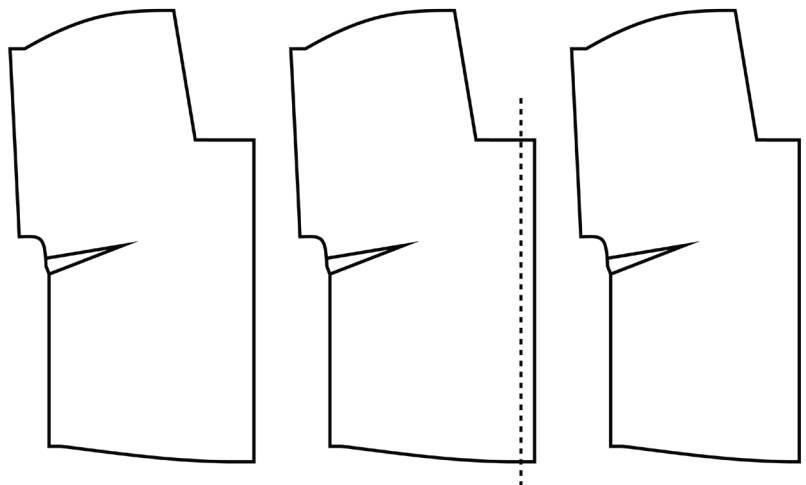
Although the Square Neck Top is a simple pattern to make, nailing the fit on the neckline is crucial. Bodies vary a lot in how broad the chest/shoulders are as well as how long the bust is. If you are petite through the shoulders you may need to adjust the neckline to be narrower or higher. To get an idea of how the neckline will lay on your body, reference the finished garment measurements in your size for Neckline Depth and Neckline Width. Keep in mind when you make adjustments that there is a 5/8" (1.2cm) seam allowance on the pattern pieces.



**1. Neckline Depth:** This measurement is from the neckline shoulder seam to the corner of the square neckline. If it looks like it is going to be too deep for you you can adjust the rise by cutting across the chest like in the image to the right. Move your piece up and tape it back together at your desired length. Make the same adjustment on your Front Facing piece.



**2. Neckline Width:** This is the measurement across the base of the square neckline. You can get an idea of how wide it will be on your body by measuring across the front of your high bust. If it seems too wide you can take it in by cutting away from the neckline at center front. Keep in mind that the amount you take away will be doubled since the front piece is cut on the fold. For example if you want to take 1/2" off of the neckline, cut 1/4" off of the center front of your front piece. Make the same adjustments on your Front Facing piece. This adjustment will affect the finished waist and hip measurements so make sure you will still have enough ease.



## ILLUSTRATION KEY



Right side of fabric



Wrong side of fabric



Interfacing

- Seam finishes will be illustrated as a zigzag stitch.
- When the instructions are for all views darts are not shown in the illustration.
- Seam allowance is 5/8" [1.6cm] unless otherwise stated.
- For the knit version, trim seam allowance to 3/8" [1 cm].

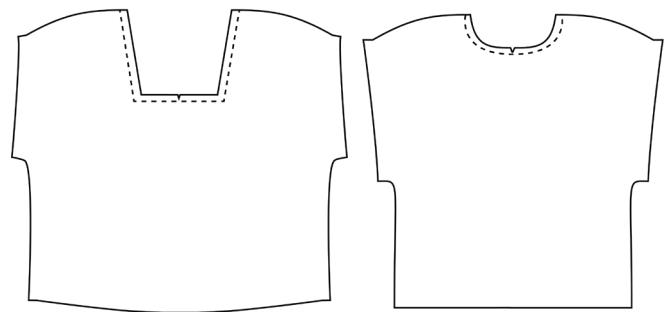
## PREP

- Fuse interfacing to the wrong side of the Front Facing (E) and Back Facing (F) pieces.
- Snip in 1/4" [6 mm] at all notches.
- Tidy up your sewing space and get ready to sew up an awesome new top!

## SEWING

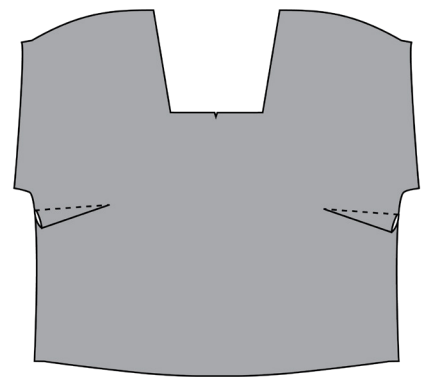
### ALL VERSIONS:

1. Stay stitch around the neckline on your Front (A/C) and Back (B/D) pieces. The stay stitching will not be featured in the following illustrations.

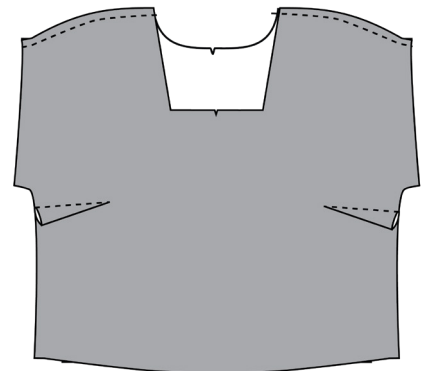


### WOVEN VERSION:

2. With right sides together (RST), fold the fabric on the Woven Front (C), matching up the dart legs. Sew dart legs to the dart point and tie off ends. Repeat on both sides. Press darts downward.

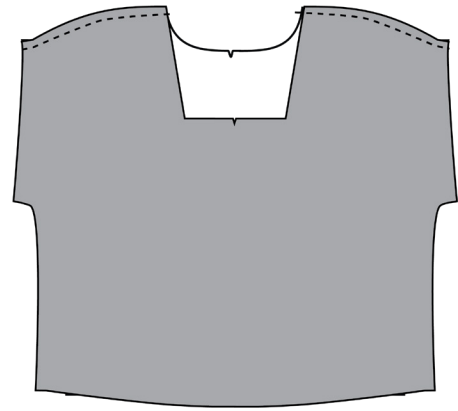


3. With RST, pin the Woven Front Piece (C) to Woven Back Piece (D) at shoulder seams. Stitch across shoulder. Trim away excess seam allowance, finish seam edges separately, and press seams open.

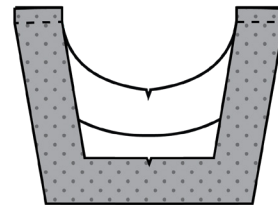


**KNIT VERSION:**

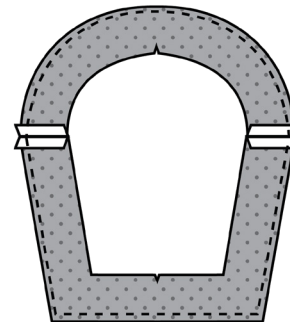
4. With RST, pin the Knit Front Piece (A) to Knit Back Piece (B) at shoulder seams. Using a stretch or zig zag stitch, sew across the shoulder. Trim away excess seam allowances and press seams toward the back.

**ALL VERSIONS:**

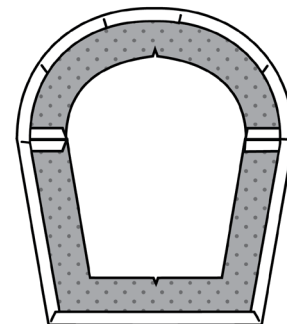
5. RST, stitch your neckline facings together at shoulder seams. Press seam allowances open if you are making the woven version and to the back if you are making the knit version.



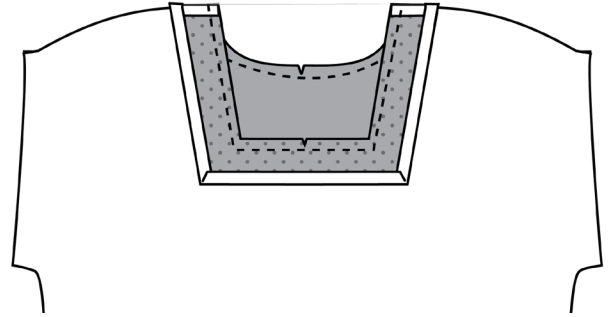
6. Using a long straight stitch, sew 1/4" [6 mm] from the edge of the facing, all the way around. Optionally, if you have a serger, you can serge around the outer edge of your facing.



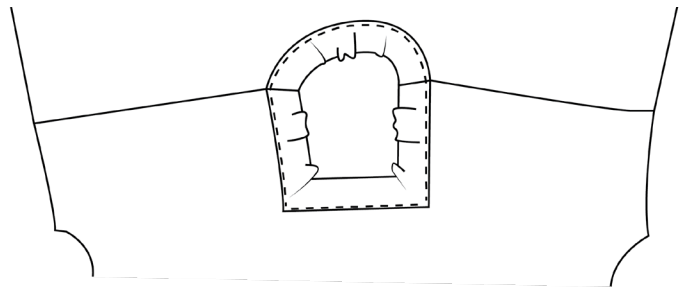
7. Press the outer edge of the facing under (toward the wrong side of the fabric) all the way around the facing piece using the 1/4" [6 mm] stitching line you made as a guide. If you serged your facing in the last step you do not need to press it under.



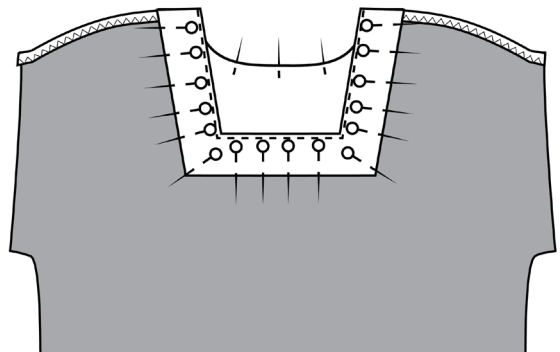
8. With RST, pin the facing to the neckline matching notches and shoulder seams. Stitch around the neckline. Trim away excess fabric. Clip or notch around the curve of your neckline. Clip in at the corners of your square neckline as close as you can without clipping into the seam. Press facing and seam allowance away from the neckline.



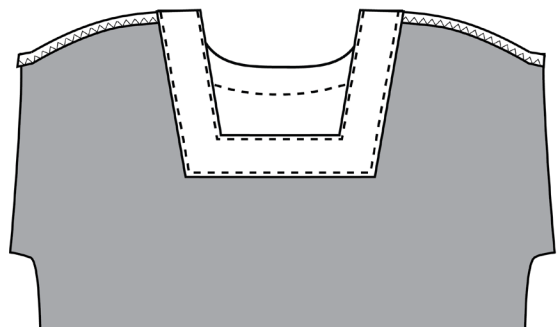
9. Understitch the seam allowance to the facing, coming as close as you can to the front corners.



10. Press your facing toward the wrong side of your fabric around your neckline. Use a lot of pins to hold it in place.

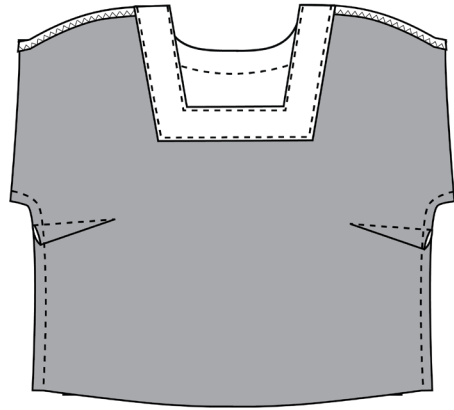


11. With the wrong side facing up, topstitch your facing in place 1/4" [6 mm] from the edge of your facing all the way around your neckline. Give it a nice press and admire your gorgeous neckline! For the knit version you can topstitch using a zig-zag or straight stitch.



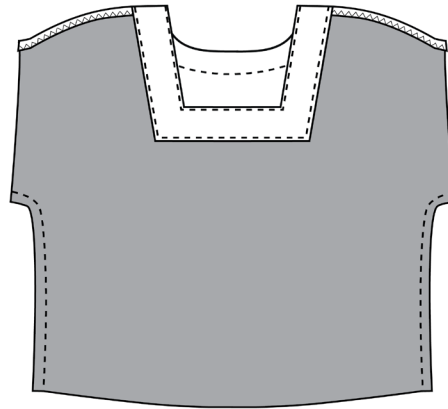
### WOVEN VERSION:

12. With RST, pin the Front Piece (C) to Back Piece (D) at side seams, make sure your darts are pinned downward. Stitch down side seams. Trim away excess seam allowance, finish seam edges separately, and press seams open.



### KNIT VERSION:

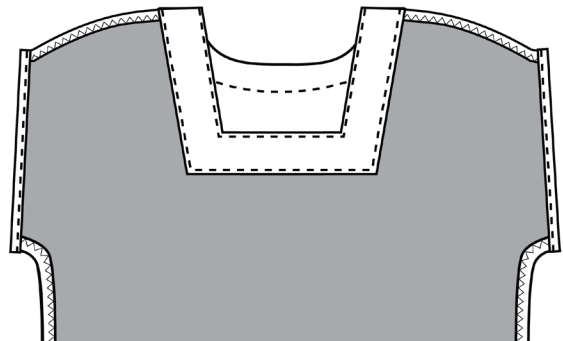
13. With RST, pin the Knit Front Piece (A) to Knit Back Piece (B) at side seams. Using a stretch or zig zag stitch, sew down side seams. Trim away excess seam allowance and press seams back.



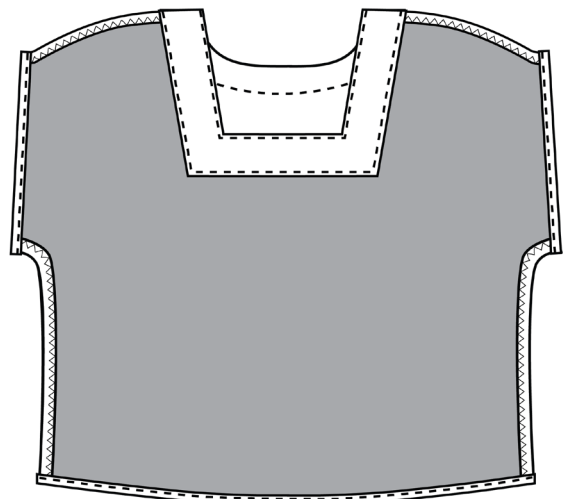
### ALL VERSIONS:

The rest of the illustrations will not feature darts.

14. Turn the raw edges of the sleeves under  $\frac{3}{8}$ " [1 cm] and press. Turn under another  $\frac{3}{8}$ " [1 cm] to make a double hem, press, and pin in place. Edgestitch the hem in place,  $\frac{1}{4}$ " [6 mm] from the folded edge of the fabric. Repeat on the other sleeve. For the knit version sew these seams with a stretch or zig zag stitch.



15. Turn the raw edge of the hem under  $\frac{3}{8}$ " [1 cm] and press. Turn under another  $\frac{3}{8}$ " [1 cm] to make a double hem, press, and pin in place. Edgestitch the hem in place,  $\frac{1}{4}$ " [6 mm] from the folded edge of the fabric. For the knit version sew these seams with a stretch or zig zag stitch.



16. Trim away any loose threads, give it a nice press, and enjoy your new top!

For any questions regarding this pattern, please email the Friday Sewing Pattern Helpline:  
[hello@fridaypatterncompany.com](mailto:hello@fridaypatterncompany.com)



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